District 1, 4A

GYMNASTIC CHAMPIONSHIPS

**SAMMAMISH HIGH SCHOOL**

**SATURDAY**

**FEBRUARY 11, 2011**

**MEET SCHEDULE**

9:00-9:30 Session 1 Stretching, Music, Beam and Bar Settings

9:30-10:30 Session 1 Timed Warm-up (4 Groups Individuals)

10:30-10:45 Session 1 Gymnasts Prepare for March-In

10:45-1050 Session 1 March in

10:50-12:05 Session 1 Competition (4 Groups Individuals)

10:45-11:15 Session 2 Stretching, Music, Beam and Bar Settings

11:15-12:15 Session 2 Timed Warm-up (4 Teams)

12:15-12:30 Session 2 Gymnasts Prepare for March-In

12:30-12:40 Session 2 March in

12:40-2:00 Session 2 Competition (4 Teams)

2:00-2:30 Session 2 Team and Individual Awards

**COMPETITION ORDER**

### TO BE DETERMINED BY DRAW

**Allotments to District**

**4 Teams**

**18 Individuals**

**6 All-Arounds**

**ALLOTMENTS TO STATE**

## TEAMS 2

**ALL AROUND 2**

**INDIVIDUALS 6**