

2011Kingco Championships
Wednesday May 11, 2011 & Friday May 13, 2011
Juanita High School
Results

Event 2 Boys 110 Meter Hurdles 3A**Meet Record: 14.20 M 1987****Kali Roberts, Mercer Island****3A Dist Qual: 15.40 D**

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Alex Wallin	11	Juanita	16.14	16.26 Q	1
2 Vincent Ly	10	Juanita	16.14	16.50 Q	2
3 Bradly Stevens	10	Mt Si	17.16	16.77 Q	2
4 Russell Williams	12	Juanita	16.14	17.04 Q	1
5 Neal Buckles	10	Sammamish	17.04	17.17 Q	1
6 Kelen Lewis	12	Lake Washington	16.64	17.18 Q	2
7 Dylan Clark	11	Liberty-Issaquah	17.14	17.31 q	2
8 Nate Chase	12	Mt Si	16.94	17.39 q	2
9 John Hammerstrom	12	Mercer Island	17.08	17.45	1
10 Jon Proctor	9	Mt Si	18.24	18.05	1
11 Martin Ho	12	Mercer Island	17.74	18.26	1
12 John Gallagher	10	Mercer Island	18.62	18.55	2
13 Angel Jordan	12	Mercer Island	18.74	19.03	1
14 Minh Phi	12	Bellevue	19.34	19.38	1
15 Anden Lewis	10	Lake Washington	18.74	19.88	2
16 Daniel McKnight	11	Mercer Island	19.64	20.13	2

Event 2 Boys 110 Meter Hurdles 3A**Meet Record: 14.20 M 1987****Kali Roberts, Mercer Island****3A Dist Qual: 15.40 D**

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Alex Wallin	11	Juanita	16.26	16.21	10
2 Russell Williams	12	Juanita	17.04	16.30	8
3 Vincent Ly	10	Juanita	16.50	16.34	6
4 Nate Chase	12	Mt Si	17.39	16.64	5
5 Dylan Clark	11	Liberty-Issaquah	17.31	16.79	4
6 Bradly Stevens	10	Mt Si	16.77	17.20	3
7 Neal Buckles	10	Sammamish	17.17	17.51	2
8 Kelen Lewis	12	Lake Washington	17.18	17.86	1

Event 4 Girls 100 Meter Hurdles 3A**Meet Record: 14.30 M 2000****Tiffany Walker, Newport****3A Dist Qual: 15.88 D**

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Cora Miller	12	Mercer Island	16.39	16.45 Q	2
2 Emily Pestl-Dimmitt	11	Liberty-Issaquah	16.44	16.80 Q	1
3 Chanel Colinares	12	Bellevue	16.94	17.29 Q	1
4 Kathryn Wuchter	11	Juanita	17.44	17.38 Q	2
5 Ashley Jackson	10	Mt Si	17.94	17.90 Q	1
6 Ida Bakke	11	Liberty-Issaquah	17.74	18.20 Q	2
7 Kate Roberts	10	Lake Washington	18.64	18.45 q	2
8 Elizabeth Hofius	10	Bellevue	18.64	18.74 q	2
9 Lindsey Vander Molen	9	Sammamish	19.24	18.84	1

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Preliminaries ... (Event 4 Girls 100 Meter Hurdles 3A)

Name	Yr	School	Seed	Prelims	H#
10 Michele Day	9	Mercer Island	18.29	18.98	1
11 Haley Snyder	9	Mercer Island	19.64	19.31	1
12 Jordan Peralta	11	Mercer Island	19.24	19.38	1
13 Elisa Tran	11	Juanita	19.80	19.50	1
14 Madelyn Steenis	11	Liberty-Issaquah	19.44	19.66	2
15 Madison Silva	12	Juanita	19.64	20.14	2
--- Sydney Zeldes	9	Mercer Island	19.74	DQ	2

Event 4 Girls 100 Meter Hurdles 3A

Meet Record: 14.30 M 2000 **Tiffany Walker, Newport**

3A Dist Qual: 15.88 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Cora Miller	12	Mercer Island	16.45	16.51	10
2 Chanel Colinares	12	Bellevue	17.29	16.76	8
3 Emily Pestl-Dimmitt	11	Liberty-Issaquah	16.80	17.08	6
4 Kathryn Wuchter	11	Juanita	17.38	17.20	5
5 Ashley Jackson	10	Mt Si	17.90	17.35	4
6 Ida Bakke	11	Liberty-Issaquah	18.20	17.89	3
7 Elizabeth Hofius	10	Bellevue	18.74	18.27	2
8 Kate Roberts	10	Lake Washington	18.45	18.49	1

Event 6 Boys 100 Meter Dash 3A

Meet Record: 10.73 M 1991 **Carmi Bruton, Juanita**

3A Dist Qual: 11.31 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Tyrell Moulton	11	Bellevue	11.24	11.45 Q	1
2 Travis Marshall	11	Juanita	11.14	11.48 Q	2
3 Taylor Ragan	12	Sammamish	11.38	11.72 Q	1
4 Ari Morales	10	Bellevue	11.44	11.76 Q	2
5 Kaleb Huerta	12	Mt Si	11.50	11.75 q	1
6 Shane Blankenburg	12	Mt Si	11.64	11.85 q	1
7 Adam Swartz	12	Sammamish	11.64	11.86 q	2
8 Kenyon Butler	10	Lake Washington	11.64	11.91 q	1
9 Reuben Mwehla	10	Bellevue	11.44	11.95	2
10 Tyler Button	10	Mt Si	11.64	11.97	2
11 Alec Martin	10	Juanita	11.84	12.04	1
12 Risley Lesko	10	Mercer Island	11.79	12.06	2
13 Joey Moore	11	Bellevue	11.64	12.10	1
14 Joshua Wong	11	Mercer Island	11.83	12.16	1
15 Kian Fahimdanesh	12	Lake Washington	11.74	12.18	2
16 Ethan Vu	9	Mercer Island	11.96	12.36	2

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Event 6 Boys 100 Meter Dash 3A

Meet Record: 10.73 M 1991 Carmi Bruton, Juanita
3A Dist Qual: 11.31 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Travis Marshall	11	Juanita	11.48	11.27 D	10
2 Tyrell Moulton	11	Bellevue	11.45	11.32	8
3 Kaleb Huerta	12	Mt Si	11.75	11.56	6
4 Taylor Ragan	12	Sammamish	11.72	11.60	5
5 Ari Morales	10	Bellevue	11.76	11.61	4
6 Shane Blankenburg	12	Mt Si	11.85	11.62	3
7 Kenyon Butler	10	Lake Washington	11.91	11.79	2
8 Adam Swartz	12	Sammamish	11.86	11.83	1

Event 8 Girls 100 Meter Dash 3A

Meet Record: 11.50 M 1992 Danielle Marshall, Lake Washington
3A Dist Qual: 12.47 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Alanna Coker	11	Juanita	12.34	12.67 Q	2
2 Floriane Kameni	9	Bellevue	12.71	13.16 Q	1
3 Mikayla Jones	10	Juanita	13.14	13.23 Q	1
4 Jesse Guyer	9	Mt Si	13.00	13.30 Q	2
5 Alexandria Hashimoto	11	Lake Washington	13.14	13.31 Q	2
6 Danielle Richards	11	Liberty-Issaquah	13.24	13.51 Q	1
7 Alli Cahill	12	Bellevue	13.44	13.56 q	2
8 Laura Harrison	10	Mercer Island	13.44	13.58 q	2
9 Emily Chinn	10	Bellevue	13.64	13.60	1
10 Queen (Abena) Opoku	12	Mercer Island	13.72	13.67	1
11 Stacy Christensen	11	Liberty-Issaquah	13.74	13.92	2
12 Kyanee Robinson	9	Sammamish	13.74	14.00	1
13 Shannon Powell	9	Liberty-Issaquah	13.84	14.01	1
14 Brittain Monroe	11	Liberty-Issaquah	14.04	14.05	1
15 Latreavian Saunders	9	Mercer Island	13.94	14.11	2
16 Gorgina Foster	12	Sammamish	13.74	14.38	2

Event 8 Girls 100 Meter Dash 3A

Meet Record: 11.50 M 1992 Danielle Marshall, Lake Washington
3A Dist Qual: 12.47 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Alanna Coker	11	Juanita	12.67	12.44 D	10
2 Floriane Kameni	9	Bellevue	13.16	12.76	8
3 Mikayla Jones	10	Juanita	13.23	13.11	6
4 Danielle Richards	11	Liberty-Issaquah	13.51	13.20	5
5 Alexandria Hashimoto	11	Lake Washington	13.31	13.28	4
6 Jesse Guyer	9	Mt Si	13.30	13.46	3
7 Laura Harrison	10	Mercer Island	13.58	13.50	2
8 Alli Cahill	12	Bellevue	13.56	13.56	1

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Event 10 Boys 1600 Meter Run 3A**Meet Record: 4:12.70 M 1986****Steffen Nelson, Mercer Island****3A Dist Qual: 4:22.50 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Addison Woolsey	11	Bellevue	4:23.06	4:25.94	10
2 Aaron Elefson	12	Mercer Island	4:26.70	4:25.96	8
3 Nicholas Ford	12	Mercer Island	4:27.90	4:27.38	6
4 Tyler Westenbroek	11	Liberty-Issaquah	4:34.40	4:29.52	5
5 Will Sheeran	11	Bellevue	4:27.22	4:34.60	4
6 Nick Knoblich	11	Liberty-Issaquah	4:39.60	4:35.20	3
7 John Fowler	11	Bellevue	4:35.00	4:36.45	2
8 Ryan Long	11	Bellevue	4:41.70	4:39.76	1
9 Spike Sievert	10	Bellevue	4:36.90	4:40.30	
10 James Bauman	11	Juanita	4:45.00	4:42.39	
11 Phillip Matthews	12	Bellevue	4:34.50	4:42.48	
12 Carl Garrett	12	Mercer Island	4:46.10	4:42.74	
13 Matthew Wotipka	10	Mercer Island	4:45.30	4:46.55	
14 Dominick Canady	10	Mt Si	4:46.90	4:47.26	
15 Kyle Pratt	9	Bellevue	4:47.78	4:52.67	
16 Nick Maclean	11	Bellevue	4:50.00	4:52.93	

Event 12 Girls 1600 Meter Run 3A**Meet Record: 4:49.41 M 5/12/2010****Anna Dailey, Garfield****3A Dist Qual: 5:15.42 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Amy Broska	9	Liberty-Issaquah	5:26.09	5:24.17	10
2 Megan Chucka	10	Liberty-Issaquah	5:30.60	5:28.91	8
3 Bailey Scott	9	Mt Si	5:26.90	5:29.21	6
4 Alida Scalzo	9	Mercer Island	5:31.00	5:29.27	5
5 Julia Ellings	10	Bellevue	5:29.46	5:29.33	4
6 Lindsay Benster	11	Mercer Island	5:32.00	5:29.49	3
7 Rachel Shaw	10	Liberty-Issaquah	5:38.80	5:34.81	2
8 Vandan Kasar	11	Bellevue	5:40.24	5:41.80	1
9 Laynee Viniotis	11	Sammamish	5:44.80	5:43.21	
10 Holly Warendorf	9	Bellevue	5:42.04	5:46.14	
11 Alexis Johnson	9	Bellevue	5:43.10	5:46.33	
12 Alexis Neuman	11	Bellevue	5:47.60	5:52.26	
13 Erika Lovas	10	Bellevue	5:41.51	5:53.01	
14 Mikayla Davis	11	Mercer Island	5:46.46	5:58.19	
15 Kaya McRuer	10	Mercer Island	5:58.40	6:05.51	
16 Liz Green	11	Sammamish	5:57.80	6:12.28	

Event 14 Boys 4x100 Meter Relay 3A**Meet Record: 42.30 M 1987****Newport****3A Dist Qual: 44.06 D**

Team	Relay	Seed	Finals	Points
Finals				
1 Bellevue		44.04	43.77 D	10
1) Reuben Mwehla 10	2) Ari Morales 10	3) Joey Moore 11	4) Tyrell Moulton 11	

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Finals ... (Event 14 Boys 4x100 Meter Relay 3A)

Team	Relay	Seed	Finals	Points
2 Juanita		43.94	43.85 D	8
1) Alec Martin 10	2) Vincent Ly 10	3) Austin Hilliker 12	4) Travis Marshall 11	
3 Mt Si		44.54	44.15	6
1) Kaleb Huerta 12	2) Mason Bragg 11	3) Tyler Button 10	4) Shane Blankenburg 12	
4 Sammamish		44.14	44.21	5
1) Jamis Moy 11	2) Taylor Ragan 12	3) Austin Lee 11	4) Adam Swartz 12	
5 Mercer Island		45.04	45.34	4
1) Joshua Wong 11	2) Reid Jackson 12	3) Ethan Vu 9	4) Risley Lesko 10	
6 Lake Washington		46.94	46.79	3
1) Kian Fahimdanesh 12	2) Arash Hafizi 10	3) Filip Juric 11	4) Felix Schwarze 10	
7 Liberty-Issaquah		47.04	47.09	2
1) Trevor Merritt 11	2) Craig Werre 12	3) Truson Petrilli 10	4) Tyler Le 9	

Event 16 Girls 4x100 Meter Relay 3A

Meet Record: 48.27 M 2007 Skyline

3A Dist Qual: 50.00 D

Team	Relay	Seed	Finals	Points
Finals				
1 Bellevue		52.64	51.58	10
1) Chanel Colinares 12	2) Emily Chinn 10	3) Alli Cahill 12	4) Floriane Kameni 9	
2 Mt Si		52.24	51.62	8
1) Sophie Rockow 11	2) Jesse Guyer 9	3) Abbey Bottemiller 9	4) Kristen Kasel 9	
3 Liberty-Issaquah		52.93	52.37	6
1) Brittain Monroe 11	2) Shannon Powell 9	3) Stacy Christensen 11	4) Danielle Richards 11	
4 Juanita		51.24	52.82	5
1) Elise Williamson 11	2) Elisa Tran 11	3) Alicia Kiehl 11	4) Rachel Richardson 12	
5 Mercer Island		53.74	52.90	4
1) Queen (Abena) Opoku 12	2) Cora Miller 12	3) Latreavian Saunders 9	4) McKenzie Krause 9	
6 Lake Washington		52.64	56.93	3
1) Taylor Miller 12	2) Janteane Blyton 10	3) Jordan Masters 12	4) Kristi Chan 10	

Event 18 Boys 400 Meter Dash 3A

Meet Record: 48.31 M 2001 Sean Williams, Lake Washington

3A Dist Qual: 51.00 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Devin Bennett	12	Liberty-Issaquah	51.08	52.06 Q	2
2 Mason Bragg	11	Mt Si	51.14	52.26 Q	1
3 Austin Hilliker	12	Juanita	52.94	53.10 Q	2
4 Woody Butler	11	Bellevue	52.41	53.28 Q	1
5 Michael Przystupa	12	Juanita	53.34	53.54 Q	2
6 Austin Lee	11	Sammamish	54.63	54.64 Q	1
7 Henry Price	10	Bellevue	55.14	54.84 q	2
8 Ashby Brown	9	Liberty-Issaquah	55.94	55.03 q	2
9 Alex Marvick	11	Sammamish	55.99	55.28	2
10 Chris Volk	10	Liberty-Issaquah	53.74	55.30	1
11 Justin McLaughlin	9	Mt Si	55.76	55.44	2
12 Ben Emanuels	12	Mercer Island	54.64	55.66	2
13 Brett Hamre	11	Juanita	55.94	55.88	1
14 Austin Chen	11	Juanita	55.34	56.57	1

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Preliminaries ... (Event 18 Boys 400 Meter Dash 3A)

Name	Yr	School	Seed	Prelims	H#
15 Michael Smith	10	Lake Washington	55.64	57.27	1
--- Andrew Floyd	10	Bellevue	56.01	DNS	1

Event 18 Boys 400 Meter Dash 3A

Meet Record: 48.31 M 2001 Sean Williams, Lake Washington
3A Dist Qual: 51.00 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Devin Bennett	12	Liberty-Issaquah	52.06	51.05	10
2 Mason Bragg	11	Mt Si	52.26	52.38	8
3 Woody Butler	11	Bellevue	53.28	52.43	6
4 Austin Hilliker	12	Juanita	53.10	53.49	5
5 Michael Przystupa	12	Juanita	53.54	53.93	4
6 Austin Lee	11	Sammamish	54.64	54.72	3
7 Henry Price	10	Bellevue	54.84	55.78	2
8 Ashby Brown	9	Liberty-Issaquah	55.03	56.22	1

Event 20 Girls 400 Meter Dash 3A

Meet Record: 55.60 M 1976 Sue Monda, Newport
3A Dist Qual: 58.76 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Madison Birdsall	12	Liberty-Issaquah	58.44	59.46 Q	2
2 Anneke Kniestedt	11	Lake Washington	61.44	61.48 Q	1
3 Laura Harrison	10	Mercer Island	61.74	61.42 Q	2
4 Aimee Christensen	11	Liberty-Issaquah	62.33	61.73 Q	1
5 Elizabeth Ryker	11	Liberty-Issaquah	60.84	62.66 Q	2
6 Michaela Chucka	10	Liberty-Issaquah	62.04	62.79 Q	1
7 Lindsay Kirby	11	Mt Si	64.14	63.61 q	1
8 Regi Lammers	10	Juanita	65.15	64.96 q	1
9 Emily Webb	11	Bellevue	64.94	65.06	2
10 Valerie Wilson	9	Liberty-Issaquah	66.64	65.09	2
11 Madeleine Hutchison	9	Mt Si	65.44	65.94	2
12 Alicia Kiehl	11	Juanita	64.74	66.23	2
13 Madelyn Esteb	9	Mt Si	67.51	67.17	2
14 Kennedi Norris	9	Mt Si	67.50	67.72	1
15 Christina Travis	10	Mercer Island	67.74	68.24	1
16 Lauren Emick	10	Mercer Island	66.74	70.56	1

Event 20 Girls 400 Meter Dash 3A

Meet Record: 55.60 M 1976 Sue Monda, Newport
3A Dist Qual: 58.76 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Madison Birdsall	12	Liberty-Issaquah	59.46	59.08	10
2 Elizabeth Ryker	11	Liberty-Issaquah	62.66	61.06	8
3 Anneke Kniestedt	11	Lake Washington	61.48	61.36	6
4 Aimee Christensen	11	Liberty-Issaquah	61.73	61.60	5
5 Michaela Chucka	10	Liberty-Issaquah	62.79	62.46	4

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Finals ... (Event 20 Girls 400 Meter Dash 3A)

Name	Yr	School	Prelims	Finals	Points
6 Laura Harrison	10	Mercer Island	61.42	63.89	3
7 Lindsay Kirby	11	Mt Si	63.61	64.01	2
8 Regi Lammers	10	Juanita	64.96	64.93	1

Event 22 Boys 300 Meter Hurdles 3A

Meet Record: 38.03 M 2007 **Stephone Jordan, Garfield**
3A Dist Qual: 40.93 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Alex Wallin	11	Juanita	40.44	41.25 Q	1
2 Vincent Ly	10	Juanita	43.54	43.14 Q	2
3 John Hammerstrom	12	Mercer Island	42.64	42.21 Q	1
4 Nate Chase	12	Mt Si	42.04	43.63 Q	2
5 Filip Juric	11	Lake Washington	43.84	43.43 Q	1
6 Joseph Bergmann	10	Liberty-Issaquah	44.54	44.87 Q	2
7 Dylan Clark	11	Liberty-Issaquah	45.74	44.02 q	1
8 Russell Williams	12	Juanita	45.54	44.54 q	1
9 Neal Buckles	10	Sammamish	45.34	45.61	2
10 Ben Houldridge	11	Mt Si	47.54	46.91	1
11 Martin Ho	12	Mercer Island	46.07	47.10	2
12 Angel Jordan	12	Mercer Island	48.04	47.63	2
13 Jimmy Chang	11	Bellevue	48.04	48.08	2
14 Anden Lewis	10	Lake Washington	48.64	51.31	1
15 John Gallagher	10	Mercer Island	49.24	52.26	1
16 Kelen Lewis	12	Lake Washington	46.64	53.27	2

Event 22 Boys 300 Meter Hurdles 3A

Meet Record: 38.03 M 2007 **Stephone Jordan, Garfield**
3A Dist Qual: 40.93 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Alex Wallin	11	Juanita	41.25	40.74 D	10
2 Nate Chase	12	Mt Si	43.63	42.20	8
3 John Hammerstrom	12	Mercer Island	42.21	42.57	6
4 Filip Juric	11	Lake Washington	43.43	43.14	5
5 Dylan Clark	11	Liberty-Issaquah	44.02	43.77	4
6 Joseph Bergmann	10	Liberty-Issaquah	44.87	44.38	3
7 Russell Williams	12	Juanita	44.54	45.18	2
8 Vincent Ly	10	Juanita	43.14	45.27	1

Event 24 Girls 300 Meter Hurdles 3A

Meet Record: 43.69 M 1999 **Jill Bell, Bellevue**
3A Dist Qual: 47.97 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Cora Miller	12	Mercer Island	48.21	48.03 Q	1
2 Sara Wilson	10	Lake Washington	49.75	50.54 Q	2
3 Chanel Colinares	12	Bellevue	50.44	50.15 Q	1
4 Emily Pestl-Dimmitt	11	Liberty-Issaquah	51.04	51.21 Q	2

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Name	Yr	School	Seed	Prelims	H#
5 Ashley Jackson	10	Mt Si	49.89	51.33 Q	2
6 Molly Grager	11	Juanita	50.68	51.64 Q	1
7 Elizabeth Hofius	10	Bellevue	54.04	52.85 q	2
8 Haley Snyder	9	Mercer Island	53.34	53.03 q	2
9 Michele Day	9	Mercer Island	53.24	53.11	1
10 Elisa Tran	11	Juanita	52.84	53.23	1
11 Aya Mears	10	Sammamish	53.44	54.49	1
12 Kate Roberts	10	Lake Washington	52.54	55.07	2
13 Ida Bakke	11	Liberty-Issaquah	54.24	55.26	1
14 Kathryn Wuchter	11	Juanita	53.24	55.37	2
15 Madelyn Steenis	11	Liberty-Issaquah	56.24	55.61	1
16 Alivia Stoddard	12	Juanita	55.24	58.87	2

Event 24 Girls 300 Meter Hurdles 3A

Meet Record: 43.69 M 1999 **Jill Bell, Bellevue**
3A Dist Qual: 47.97 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Cora Miller	12	Mercer Island	48.03	48.12	10
2 Ashley Jackson	10	Mt Si	51.33	48.87	8
3 Chanel Colinares	12	Bellevue	50.15	49.23	6
4 Sara Wilson	10	Lake Washington	50.54	49.42	5
5 Molly Grager	11	Juanita	51.64	49.83	4
6 Emily Pestl-Dimmitt	11	Liberty-Issaquah	51.21	51.69	3
7 Elizabeth Hofius	10	Bellevue	52.85	52.37	2
8 Haley Snyder	9	Mercer Island	53.03	52.39	1

Event 26 Boys 800 Meter Run 3A

Meet Record: 1:52.30 M 1985 **John Quade, Woodinville**
3A Dist Qual: 1:57.40 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Eric Schulz	9	Mercer Island	1:58.70	2:01.70 Q	1
2 Hiron Redmon	10	Liberty-Issaquah	1:56.49	2:04.61 Q	2
3 Tyler Goolsby	12	Mercer Island	1:59.30	2:02.29 Q	1
4 Scott Turner	12	Liberty-Issaquah	2:03.10	2:05.56 Q	2
5 Addison Woolsey	11	Bellevue	1:56.97	2:02.85 Q	1
6 William Clausen	12	Mercer Island	2:03.11	2:06.07 Q	2
7 Chris Turner	12	Liberty-Issaquah	2:04.50	2:03.88 q	1
8 Graham Wendle	9	Bellevue	2:08.25	2:07.05 q	1
9 James Bauman	11	Juanita	2:06.11	2:07.39	1
10 Matthew Williams	10	Bellevue	2:06.60	2:08.06	2
11 Zanwar Faraj	10	Sammamish	2:08.90	2:08.35	2
12 Hank Tea	11	Sammamish	2:08.10	2:08.52	2
13 Andrew Weiss	9	Bellevue	2:11.32	2:11.40	1
14 Alex Marvick	11	Sammamish	2:06.90	2:14.48	1
15 Ryan Olson	11	Mt Si	2:12.30	2:15.49	2
16 Daniel Cohen	11	Mercer Island	2:12.53	2:17.50	2

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Event 26 Boys 800 Meter Run 3A**Meet Record: 1:52.30 M 1985****John Quade, Woodinville****3A Dist Qual: 1:57.40 D**

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Addison Woolsey	11	Bellevue	2:02.85	1:57.20 D	10
2 Hiron Redmon	10	Liberty-Issaquah	2:04.61	1:57.32 D	8
3 Tyler Goolsby	12	Mercer Island	2:02.29	2:00.16	6
4 Eric Schulz	9	Mercer Island	2:01.70	2:00.18	5
5 William Clausen	12	Mercer Island	2:06.07	2:01.70	4
6 Scott Turner	12	Liberty-Issaquah	2:05.56	2:02.51	3
7 Chris Turner	12	Liberty-Issaquah	2:03.88	2:05.61	2
8 Graham Wendle	9	Bellevue	2:07.05	2:08.85	1

Event 28 Girls 800 Meter Run 3A**Meet Record: 2:11.92 M 5/14/2010****Anna Dailey, Garfield****3A Dist Qual: 2:17.68 D**

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Lillia Mora	9	Bellevue	2:32.10	2:29.69 Q	2
2 Christina Volken	10	Mt Si	2:27.11	2:30.30 Q	1
3 Audrey Nordness	12	Lake Washington	2:27.07	2:31.07 Q	1
4 Megan Larson	9	Liberty-Issaquah	2:24.00	2:31.33 Q	2
5 Laura Brindley	11	Mercer Island	2:29.10	2:32.78 Q	2
6 Holly Warendorf	9	Bellevue	2:33.50	2:35.65 Q	1
7 Julia Ellings	10	Bellevue	2:27.10	2:35.02 q	2
8 Linden Elggren	9	Mercer Island	2:38.80	2:36.08 q	2
9 Alexis Johnson	9	Bellevue	2:38.60	2:39.00	2
10 Alexis Neuman	11	Bellevue	2:41.60	2:39.04	1
11 Sarah Bjarnason	9	Mercer Island	2:24.20	2:41.88	1
12 Rianne Peterson	10	Lake Washington	2:46.80	2:45.64	2
13 Lucy Hill	12	Juanita	2:49.12	2:47.38	2
14 Olivia Whidby	11	Lake Washington	2:41.70	2:47.98	1
15 Liz Green	11	Sammamish	2:35.32	2:52.05	1
16 Megan Guedel	9	Mercer Island	2:49.90	2:53.07	1

Event 28 Girls 800 Meter Run 3A**Meet Record: 2:11.92 M 5/14/2010****Anna Dailey, Garfield****3A Dist Qual: 2:17.68 D**

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Megan Larson	9	Liberty-Issaquah	2:31.33	2:24.89	10
2 Lillia Mora	9	Bellevue	2:29.69	2:25.95	8
3 Julia Ellings	10	Bellevue	2:35.02	2:25.99	6
4 Christina Volken	10	Mt Si	2:30.30	2:26.00	5
5 Audrey Nordness	12	Lake Washington	2:31.07	2:26.04	4
6 Laura Brindley	11	Mercer Island	2:32.78	2:31.15	3
7 Holly Warendorf	9	Bellevue	2:35.65	2:33.53	2
8 Linden Elggren	9	Mercer Island	2:36.08	2:33.99	1

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Event 30 Boys 200 Meter Dash 3A

Meet Record: 21.30 M 1976 Steve Vargha, Mercer Island

3A Dist Qual: 22.80 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Joshua Gordon	11	Liberty-Issaquah	22.64	D 22.47 Q	2
2 Travis Marshall	11	Juanita	22.94	22.88 Q	1
3 Shane Blankenburg	12	Mt Si	23.44	22.98 Q	1
4 Kenyon Butler	10	Lake Washington	23.24	23.23 Q	2
5 Tyrell Moulton	11	Bellevue	22.94	23.24 Q	1
6 Ari Morales	10	Bellevue	23.44	23.30 Q	2
7 Taylor Ragan	12	Sammamish	23.04	23.33 q	2
8 Kaleb Huerta	12	Mt Si	23.74	23.66 q	1
9 Joseph Bergmann	10	Liberty-Issaquah	23.24	23.73	1
10 Woody Butler	11	Bellevue	23.44	23.86	2
11 Tyler Button	10	Mt Si	23.94	23.87	2
12 Reid Jackson	12	Mercer Island	23.80	23.98	2
13 Ethan Vu	9	Mercer Island	24.04	24.04	1
14 Joey Moore	11	Bellevue	24.04	24.19	1
15 Risley Lesko	10	Mercer Island	24.09	24.30	2
16 Austin Lee	11	Sammamish	23.74	24.48	1

Event 30 Boys 200 Meter Dash 3A

Meet Record: 21.30 M 1976 Steve Vargha, Mercer Island

3A Dist Qual: 22.80 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Joshua Gordon	11	Liberty-Issaquah	22.47	22.72 D	10
2 Travis Marshall	11	Juanita	22.88	23.11	8
3 Shane Blankenburg	12	Mt Si	22.98	23.19	6
4 Tyrell Moulton	11	Bellevue	23.24	23.25	5
5 Ari Morales	10	Bellevue	23.30	23.68	4
6 Kaleb Huerta	12	Mt Si	23.66	23.72	3
7 Taylor Ragan	12	Sammamish	23.33	23.92	2
8 Kenyon Butler	10	Lake Washington	23.23	23.98	1

Event 32 Girls 200 Meter Dash 3A

Meet Record: 24.50 M 1992 Danielle Marshall, Lake Washington

3A Dist Qual: 25.81 D

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Alanna Coker	11	Juanita	25.44	26.26 Q	2
2 Laura Harrison	10	Mercer Island	27.54	27.26 Q	1
3 Mikayla Jones	10	Juanita	27.36	26.93 Q	2
4 Sophie Rockow	11	Mt Si	27.34	27.43 Q	1
5 Elizabeth Ryker	11	Liberty-Issaquah	26.99	26.95 Q	2
6 Madison Birdsall	12	Liberty-Issaquah	27.14	27.64 Q	1
7 Alexandria Hashimoto	11	Lake Washington	27.44	27.86 q	1
8 Alli Cahill	12	Bellevue	28.44	28.02 q	2
9 Jesse Guyer	9	Mt Si	27.71	28.26	2

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Preliminaries ... (Event 32 Girls 200 Meter Dash 3A)

Name	Yr	School	Seed	Prelims	H#
10 Lindsey Vander Molen	9	Sammamish	27.92	28.27	2
11 Natalie Newman	12	Sammamish	28.84	28.34	1
12 Emily Chinn	10	Bellevue	28.34	28.55	1
13 Stacy Christensen	11	Liberty-Issaquah	28.34	28.66	1
14 Kyanee Robinson	9	Sammamish	28.94	28.90	2
15 Brittain Monroe	11	Liberty-Issaquah	28.64	29.01	2
16 Sydney Dore	9	Mt Si	28.69	29.46	1

Event 32 Girls 200 Meter Dash 3A

Meet Record: 24.50 M 1992 **Danielle Marshall, Lake Washington**

3A Dist Qual: 25.81 D

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Alanna Coker	11	Juanita	26.26	25.88	10
2 Elizabeth Ryker	11	Liberty-Issaquah	26.95	27.00	8
3 Sophie Rockow	11	Mt Si	27.43	27.22	6
4 Mikayla Jones	10	Juanita	26.93	27.62	5
5 Laura Harrison	10	Mercer Island	27.26	27.75	4
6 Madison Birdsall	12	Liberty-Issaquah	27.64	28.29	3
7 Alexandria Hashimoto	11	Lake Washington	27.86	28.44	2
8 Alli Cahill	12	Bellevue	28.02	28.52	1

Event 34 Boys 3200 Meter Run 3A

Meet Record: 9:16.20 M 1986 **John Hill, Bellevue**

3A Dist Qual: 9:33.76 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Aaron Elefson	12	Mercer Island	9:27.78	9:36.18	10
2 Nicholas Ford	12	Mercer Island	9:46.39	9:39.97	8
3 John Fowler	11	Bellevue	9:48.66	9:44.25	6
4 Spike Sievert	10	Bellevue	9:49.19	9:56.20	5
5 Ryan Long	11	Bellevue	10:21.40	10:06.70	4
6 Phillip Matthews	12	Bellevue	9:56.86	10:07.18	3
7 Aaron Bowe	9	Liberty-Issaquah	10:20.10	10:12.97	2
8 Carl Garrett	12	Mercer Island	10:15.80	10:18.69	1
9 Dominick Canady	10	Mt Si	10:38.10	10:20.07	
10 Nick Knoblich	11	Liberty-Issaquah	10:24.20	10:20.58	
11 Tim Corrie	10	Mt Si	10:33.97	10:33.29	
12 Matthew Wotipka	10	Mercer Island	10:30.60	10:35.39	
13 Tyler Westenbroek	11	Liberty-Issaquah	9:54.14	10:41.69	
14 Jimmy Moore	9	Bellevue	10:51.50	10:42.78	
15 Eric Fallon	12	Sammamish	10:35.80	10:44.10	
--- Richard Carmichael	11	Mt Si	10:25.70	SCR	
--- Chris Turner	12	Liberty-Issaquah	10:32.40	SCR	
--- Scott Turner	12	Liberty-Issaquah	10:17.80	SCR	

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Event 36 Girls 4x200 Meter Relay 3A**Meet Record: 1:42.45 M 2007 Skyline****3A Dist Qual: 1:45.31 D**

Team	Relay	Seed	Finals	Points
Finals				
1 Juanita		1:49.70	1:48.55	10
1) Rachel Richardson 12	2) Kathryn Wuchter 11	3) Regi Lammers 10	4) Mikayla Jones 10	
2 Liberty-Issaquah		1:48.00	1:49.12	8
1) Elizabeth Ryker 11	2) Madison Birdsall 12	3) Stacy Christensen 11	4) Delane Agnew 10	
3 Mt Si		1:51.50	1:50.28	6
1) Sophie Rockow 11	2) Jesse Guyer 9	3) Abbey Bottemiller 9	4) Sydney Dore 9	
4 Bellevue		1:52.20	1:52.38	5
1) Delaney Ugelstad 9	2) Emily Chinn 10	3) Emily Webb 11	4) Floriane Kameni 9	
5 Sammamish		1:54.10	1:56.75	4
1) Olivia Sperka 12	2) Kyanee Robinson 9	3) Caitlin Lawyer 12	4) Natalie Newman 12	
6 Lake Washington		2:01.20	2:00.42	3
1) Taylor Miller 12	2) Jordan Masters 12	3) Carly Wesley 12	4) Holly Sullivan 10	
--- Mercer Island		1:55.40	DQ	
1) Queen (Abena) Opoku 12	2) McKenzie Krause 9	3) Christina Travis 10	4) Emily Lightfoot 9	

Event 38 Girls 3200 Meter Run 3A**Meet Record: 10:09.00 M 1981 Patty Matava, Bellevue****3A Dist Qual: 11:18.47 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Amy Broska	9	Liberty-Issaquah	11:50.60	11:40.74	10
2 Mikayla Davis	11	Mercer Island	12:29.00	11:47.67	8
3 Rachel Shaw	10	Liberty-Issaquah	11:51.90	11:50.58	6
4 Megan Chucka	10	Liberty-Issaquah	12:07.54	11:51.48	5
5 Lindsay Benster	11	Mercer Island	11:57.66	11:53.71	4
6 Bailey Scott	9	Mt Si	12:16.60	11:57.88	3
7 Alida Scalzo	9	Mercer Island	12:02.18	12:10.76	2
8 Laynee Viniotis	11	Sammamish	12:18.90	12:18.91	1
9 Vandan Kasar	11	Bellevue	12:13.50	12:36.42	
10 Erika Lovas	10	Bellevue	12:07.50	12:37.82	
11 Kendall Maddux	11	Mt Si	13:08.81	13:08.62	
12 Tiffany Eisenbach	11	Bellevue	12:46.20	13:20.69	
13 Lucy Hill	12	Juanita	13:52.40	13:48.77	
14 Wendy Rosenstein	11	Mercer Island	14:06.30	13:49.29	
--- Alexis Neuman	11	Bellevue	12:40.80	DNS	
--- Olivia Whidby	11	Lake Washington	13:24.90	SCR	

Event 40 Boys 4x400 Meter Relay 3A**Meet Record: 3:19.61 M 2005 Ballard****3A Dist Qual: 3:27.40 D**

Team	Relay	Seed	Finals	Points
Finals				
1 Liberty-Issaquah		3:25.35	3:25.78 D	10
1) Hamilton Noel 11	2) Hiron Redmon 10	3) Joshua Gordon 11	4) Devin Bennett 12	
2 Mt Si		3:37.18	3:32.17	8
1) Mason Bragg 11	2) Levi Botten 10	3) Kaleb Huerta 12	4) Tyler Button 10	

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Finals ... (Event 40 Boys 4x400 Meter Relay 3A)

Team	Relay	Seed	Finals	Points
3 Juanita		3:34.00	3:32.87	6
1) Austin Hilliker 12	2) Michael Przystupa 12	3) James Bauman 11	4) Alex Wallin 11	
4 Bellevue		3:33.94	3:33.59	5
1) Addison Woolsey 11	2) Ari Morales 10	3) Henry Price 10	4) Woody Butler 11	
5 Mercer Island		3:36.34	3:33.96	4
1) William Clausen 12	2) Tyler Goolsby 12	3) Ben Emanuels 12	4) Eric Schulz 9	
6 Sammamish		3:45.80	3:43.06	3
1) Alex Marvick 11	2) Hank Tea 11	3) Austin Lee 11	4) Mergim Xhemaili 12	
7 Lake Washington		3:45.20	3:49.37	2
1) Filip Juric 11	2) Kenyon Butler 10	3) Arash Hafizi 10	4) Michael Smith 10	

Event 42 Girls 4x400 Meter Relay 3A**Meet Record: 3:53.10 M 1978 Sammamish****3A Dist Qual: 4:02.56 D**

Team	Relay	Seed	Finals	Points
Finals				
1 Liberty-Issaquah		4:04.30	4:09.39	10
1) Elizabeth Ryker 11	2) Madison Birdsall 12	3) Delane Agnew 10	4) Michaela Chucka 10	
2 Lake Washington		4:19.40	4:15.58	8
1) Audrey Nordness 12	2) Nicola Scutt 11	3) Anneke Kniestedt 11	4) Alexandria Hashimoto 11	
3 Mt Si		4:23.00	4:16.59	6
1) Christina Volken 10	2) Lindsay Kirby 11	3) Abbey Bottemiller 9	4) Madeleine Hutchison 9	
4 Juanita		4:21.30	4:19.80	5
1) Molly Grager 11	2) Mikayla Jones 10	3) Regi Lammers 10	4) Alicia Kiehl 11	
5 Bellevue		4:31.79	4:27.23	4
1) Emily Webb 11	2) Holly Warendorf 9	3) Lillia Mora 9	4) Julia Ellings 10	
6 Mercer Island		4:29.60	4:35.33	3
1) Christina Travis 10	2) Sarah Bjarnason 9	3) Laura Brindley 11	4) Michele Day 9	
7 Sammamish		4:41.00	4:40.67	2
1) Liz Green 11	2) Laynee Viniotis 11	3) Lauren Brown 10	4) Olivia Sperka 12	

Event 44 Boys High Jump 3A**Meet Record: 7-00 M 2004 Norris Frederick, Roosevelt****3A Dist Qual: 6-01.50 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Joshua Gordon	11	Liberty-Issaquah	6-04.00	6-00.00	10
2 Christian Robertson	11	Juanita	5-06.00	5-06.00	7
2 Stephen Ryder	12	Bellevue	5-08.00	5-06.00	7
4 Jon Proctor	9	Mt Si	5-04.00	5-04.00	5
5 Mitchell Smith	9	Mt Si	5-04.00	J5-04.00	4
6 Ryan Olson	11	Mt Si	5-06.00	J5-04.00	3
7 Robert Talbot	11	Liberty-Issaquah	5-06.00	5-02.00	2
8 Felix Schwarze	10	Lake Washington	4-10.00	5-00.00	1
9 Jackson Main	10	Sammamish	5-00.00	4-10.00	
10 Andrew Ndambo	12	Bellevue	5-00.00	J4-10.00	
--- Joseph Bergmann	10	Liberty-Issaquah	5-10.00	FAIL	
--- Risley Lesko	10	Mercer Island	5-08.00	FAIL	
--- David Mjelde	10	Mercer Island	5-00.00	FAIL	
--- Ryan Reid	11	Juanita	5-08.00	SCR	

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Event 46 Girls High Jump 3A

Meet Record: 6-00 M 1982 Mary Moore, Issaquah

3A Dist Qual: 4-11.50 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Molly Grager	11	Juanita	5-06.00	5-02.00 D	10
2 Emily Pestl-Dimmitt	11	Liberty-Issaquah	4-10.00	4-10.00	8
3 Alli Cahill	12	Bellevue	4-10.00	4-08.00	6
4 Jessica Pickering	10	Liberty-Issaquah	4-10.00	J4-08.00	5
5 Emily Lightfoot	9	Mercer Island	4-08.00	4-06.00	4
6 Lexi Swanson	11	Mt Si	4-08.00	J4-06.00	2
6 Olivia Tsang	9	Bellevue	4-06.00	J4-06.00	2
6 Aya Mears	10	Sammamish	4-04.00	J4-06.00	2
9 Liz Green	11	Sammamish	4-06.00	4-04.00	
10 McKenzie Krause	9	Mercer Island	4-02.00	4-02.00	
10 Christina Travis	10	Mercer Island	4-04.00	4-02.00	
12 Madelyn Steenis	11	Liberty-Issaquah	4-02.00	J4-02.00	
13 Madelyn Esteb	9	Mt Si	4-04.00	J4-02.00	
--- Taylor Miller	12	Lake Washington	3-08.00	FAIL	
--- Delane Agnew	10	Liberty-Issaquah	4-10.00	FAIL	
--- Kristina Tran	9	Bellevue	4-00.00	FAIL	
--- Sydney Dore	9	Mt Si	4-00.00	FAIL	
--- Emily Bassett	9	Mercer Island	4-08.00	SCR	

Event 48 Boys Pole Vault 3A

Meet Record: 16-00 M 1996 Erik German, Interlake

3A Dist Qual: 13-08 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Hamilton Noel	11	Liberty-Issaquah	13-06.00	13-00.00	10
2 Chase Kenney	11	Liberty-Issaquah	12-00.00	12-06.00	8
3 Jimbo Davis	10	Mt Si	12-00.00	J12-06.00	6
4 Blake Erickson	10	Bellevue	11-06.00	11-00.00	5
5 Matt Morris	12	Liberty-Issaquah	11-00.00	J11-00.00	4
6 Austin Hilliker	12	Juanita	11-06.00	J11-00.00	3
7 Espen Platou	10	Mercer Island	11-00.00	J11-00.00	2
8 Levi Botten	10	Mt Si	10-06.00	J11-00.00	.50
8 Jake Rouches	11	Mt Si	11-00.00	J11-00.00	.50
10 Oliver Issa	9	Liberty-Issaquah	10-00.00	10-06.00	
11 Austin Chen	11	Juanita	10-00.00	J10-06.00	
12 Graham Griffin	9	Mt Si	9-00.00	9-06.00	
12 Max Lawrence	12	Bellevue	10-00.00	9-06.00	
12 Filip Juric	11	Lake Washington	10-00.00	9-06.00	
12 Anden Lewis	10	Lake Washington	10-00.00	9-06.00	
--- Keenan McVein	10	Mt Si	9-00.00	SCR	

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Event 50 Girls Pole Vault 3A

Meet Record: 12-06 M 2006 **Laura Schvaneveldt, Interlake**
3A Dist Qual: 9-08 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Lexi Swanson	11	Mt Si	9-06.00	9-09.00 D	10
2 Kathryn Wuchter	11	Juanita	8-06.00	9-00.00	8
3 Danielle Richards	11	Liberty-Issaquah	9-00.00	J9-00.00	6
4 Jessica Pickering	10	Liberty-Issaquah	8-06.00	J9-00.00	5
5 Hannah Richmond	10	Mt Si	8-06.00	8-06.00	3.50
5 Daniele Curley	10	Mt Si	9-00.00	8-06.00	3.50
7 Hannah White	10	Bellevue	8-06.00	J8-06.00	1.50
7 Lilja Jonsson	11	Juanita	8-00.00	J8-06.00	1.50
9 Mackenzie Toher	11	Lake Washington	9-00.00	J8-06.00	
10 Sky Frost	11	Lake Washington	8-00.00	8-00.00	
11 Robin Winstanley	11	Bellevue	7-00.00	7-06.00	
11 Tia Riley	9	Liberty-Issaquah	8-00.00	7-06.00	
11 Ayane Rossano	9	Bellevue	7-00.00	7-06.00	
14 Emma Panciroli	9	Mt Si	7-00.00	7-00.00	
14 Alivia Stoddard	12	Juanita	7-00.00	7-00.00	
16 Sophia Wrench	11	Bellevue	7-00.00	6-06.00	
16 Michelle Louie	9	Bellevue	7-06.00	6-06.00	
16 Krisin Moore	9	Mt Si	7-06.00	6-06.00	

Event 52 Boys Long Jump 3A

Meet Record: 24-08.50 M 2004 **Norris Frederick, Roosevelt**
3A Dist Qual: 21-00.50 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Joshua Gordon	11	Liberty-Issaquah	23-07.50	22-00.00 D	10
2 Reid Jackson	12	Mercer Island	21-00.75	21-00.50 D	8
3 Devin Bennett	12	Liberty-Issaquah	21-06.75	20-08.50	6
4 Adam Swartz	12	Sammamish	19-09.00	19-03.25	5
5 Craig Werre	12	Liberty-Issaquah	18-10.00	18-10.00	4
6 Cassidy Kaufman	12	Mercer Island	18-07.50	18-07.75	3
7 Jeff Lindquist	11	Mercer Island	18-03.00	18-07.50	2
8 Ryan Tam	12	Mercer Island	18-08.75	18-03.00	1
9 Michael Przystupa	12	Juanita	18-02.75	18-02.50	
10 Stephen Ryder	12	Bellevue	18-05.50	18-01.50	
11 Martin Ho	12	Mercer Island	18-03.75	17-11.50	
12 Ben Emanuels	12	Mercer Island	17-09.50	17-09.00	
13 Jamis Moy	11	Sammamish	18-00.50	17-04.25	
14 Emmitt Rudd	9	Mt Si	17-08.00	17-00.00	
15 Chris Volk	10	Liberty-Issaquah	17-11.25	16-08.75	
16 Christopher Crespo	12	Sammamish	17-07.50	16-08.25	
--- John Bui	11	Sammamish	18-01.75	SCR	

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Event 54 Girls Long Jump 3A

Meet Record: 19-02.75 M 1999 **Jill Bell, Bellevue**

3A Dist Qual: 16-09 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Floriane Kameni	9	Bellevue	17-05.50	17-00.00 D	10
2 Alanna Coker	11	Juanita	17-10.00	16-10.25 D	8
3 Rachel Richardson	12	Juanita	16-00.00	15-08.50	6
4 Ida Bakke	11	Liberty-Issaquah	15-03.00	15-01.00	5
5 Lilja Jonsson	11	Juanita	14-07.50	15-00.75	4
6 Latrevious Saunders	9	Mercer Island	15-03.00	14-06.75	3
7 Ashley Jackson	10	Mt Si	15-07.50	14-02.00	2
8 Queen (Abena) Opoku	12	Mercer Island	14-01.00	13-09.50	1
9 Sky Frost	11	Lake Washington	13-08.75	13-09.00	
10 Caitlin Lawyer	12	Sammamish	14-00.00	13-06.75	
11 Emily Lightfoot	9	Mercer Island	13-10.50	13-04.00	
11 Holly Sullivan	10	Lake Washington	13-02.00	13-04.00	
13 Lauren Brown	10	Sammamish	14-06.00	13-03.50	
14 Kristi Chan	10	Lake Washington	13-06.00	13-01.00	
15 Shannon Powell	9	Liberty-Issaquah	14-11.25	13-00.50	
16 Erica Cho	11	Bellevue	13-04.00	12-08.50	
--- Emily Bassett	9	Mercer Island	14-06.50	SCR	
--- Lauren Brening	10	Sammamish	13-00.00	SCR	

Event 56 Boys Triple Jump 3A

Meet Record: 49-03.75 M 5/14/2010 **Kasen Williams, Skyline**

3A Dist Qual: 43-04.50 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Devin Bennett	12	Liberty-Issaquah	43-04.50	42-08.50	10
2 Alex Wallin	11	Juanita	41-11.50	41-10.00	8
3 Travis Marshall	11	Juanita	42-05.00	41-09.50	6
4 Michael Przystupa	12	Juanita	39-06.50	40-10.50	5
5 Cassidy Kaufman	12	Mercer Island	41-03.00	40-04.00	4
6 Michael Smith	10	Lake Washington	36-01.25	38-09.50	3
7 Vincent Ly	10	Juanita	36-09.00	38-06.50	2
8 Ashby Brown	9	Liberty-Issaquah	35-04.75	36-08.50	1
9 Robert Talbot	11	Liberty-Issaquah	35-09.00	36-05.00	
10 David Stevens	11	Sammamish	36-05.00	36-03.00	
11 Elijah Mayfield	11	Mt Si	37-00.00	36-02.00	
12 Arash Hafizi	10	Lake Washington	35-02.75	35-11.25	
13 A.J. Brevick	11	Mt Si	35-10.00	35-09.50	
14 John Gallagher	10	Mercer Island	32-10.25	34-05.00	
15 Espen Platou	10	Mercer Island	37-05.50	33-04.50	
16 Felix Schwarze	10	Lake Washington	33-09.25	33-04.00	
17 Davis Pruett	12	Juanita	33-00.25	33-00.00	
--- Chris Volk	10	Liberty-Issaquah	34-00.25	FOUL	
--- Christian Robertson	11	Juanita	33-01.75	SCR	

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Event 58 Girls Triple Jump 3A

Meet Record: 40-00.50 M 2004

Christina Tupper, Skyline

3A Dist Qual: 34-07 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Alanna Coker	11	Juanita	37-09.75	37-09.50 D	10
2 Molly Grager	11	Juanita	34-02.25	35-01.50 D	8
3 Rachel Richardson	12	Juanita	35-07.00	34-09.50 D	6
4 Leslie Stevens	12	Mt Si	35-07.00	34-02.00	5
5 Lilja Jonsson	11	Juanita	31-08.50	32-10.00	4
6 Sophie Rockow	11	Mt Si	33-04.50	31-10.75	3
7 Ida Bakke	11	Liberty-Issaquah	31-05.00	31-09.25	2
8 Sara Lindquist	9	Mercer Island	28-09.50	31-05.25	1
9 Erica Cho	11	Bellevue	30-03.50	30-08.25	
10 Holly Sullivan	10	Lake Washington	29-02.50	30-02.50	
11 Elise Williamson	11	Juanita	29-01.00	30-00.75	
12 Kristi Chan	10	Lake Washington	29-08.00	29-06.00	
13 Jessica Tramp	11	Lake Washington	29-06.50	28-09.75	
14 Jordan Masters	12	Lake Washington	28-01.50	27-09.25	
15 Madelyn Bloom	10	Mercer Island	25-05.75	25-03.00	
--- Shannon Powell	9	Liberty-Issaquah	27-11.50	SCR	

Event 60 Boys Shot Put 3A

Meet Record: 60-06.50 M 1976

Jeff Johnson, Mercer Island

3A Dist Qual: 49-11 D

Name	Yr	School	Seed	Finals	Points
Finals					
1 Kolton Auxier	11	Mt Si	52-03.50	51-00.00 D	10
2 Michael Kneip	11	Bellevue	49-11.00	49-06.00	8
3 Brian Copeland	11	Mt Si	45-02.50	43-01.75	6
4 Doc Derwin	12	Mt Si	42-03.00	42-01.00	5
5 Matt Nilsson	11	Juanita	41-03.25	41-09.00	4
6 Kyle Bentz	9	Bellevue	39-01.75	40-02.25	3
7 Sean Constantine	10	Bellevue	40-01.00	39-04.50	2
8 Kevin Ahrens	10	Liberty-Issaquah	41-10.00	39-03.00	1
9 Craig Werre	12	Liberty-Issaquah	39-01.00	38-11.50	
10 Zach Storm	12	Mt Si	41-00.00	38-09.00	
11 Zach Sletten	11	Mt Si	38-04.50	38-01.75	
12 Sean Pyne	10	Mercer Island	43-00.00	37-06.75	
13 Ben Emanuels	12	Mercer Island	37-03.00	37-04.75	
14 Brian Ruhland	12	Mt Si	38-10.50	36-11.50	
15 Sean Cantalini	10	Mt Si	36-10.00	35-09.50	
16 Shane Small	11	Liberty-Issaquah	37-00.00	35-06.00	
--- Matt Mccarty	11	Lake Washington	39-09.00	SCR	

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Event 62 Girls Shot Put 3A**Meet Record: 46-05 M 1983****Chris VanPelt, Bellevue****3A Dist Qual: 35-06.50 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Kate Cryderman	11	Juanita	36-01.25	37-09.50 D	10
2 Morgan Safley	11	Liberty-Issaquah	32-04.00	34-09.00	8
3 Alexis McGinnis	11	Liberty-Issaquah	31-03.00	31-01.75	6
4 Catalina Narvaja	12	Sammamish	27-07.00	28-11.25	5
5 Sofie Safley	12	Liberty-Issaquah	31-06.75	28-05.25	4
6 Sydney Leonard	9	Mt Si	27-07.50	27-11.25	3
7 Madison Bardsley	12	Mt Si	26-04.00	27-04.50	2
8 Jessica Tramp	11	Lake Washington	26-06.50	26-07.00	1
9 Aurora Charouhas	12	Lake Washington	27-00.50	26-02.25	
10 Rebecca Laemmel	9	Sammamish	26-07.00	25-02.25	
11 Hiu Tung (Natalie) Ching	10	Mercer Island	23-09.00	24-09.00	
12 Jordan Masters	12	Lake Washington	21-02.00	22-05.50	
13 Velvet Webber	9	Mt Si	23-03.50	20-06.75	
14 Sara Rawson	10	Mercer Island	20-02.50	19-10.50	
--- Eve Maher	11	Liberty-Issaquah	31-02.75	SCR	
--- Jackie Hamilton	12	Bellevue	33-00.00	SCR	
--- Lauren Steinert	11	Liberty-Issaquah	25-06.75	SCR	
--- Emily Bassett	9	Mercer Island	29-01.50	SCR	

Event 64 Boys Discus Throw 3A**Meet Record: 206-02 M 2004****Nate Rolfe, Inglemoor****3A Dist Qual: 141-08 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Kolton Auxier	11	Mt Si	128-00	142-00 D	10
2 Zach Storm	12	Mt Si	133-10	134-03	8
3 Michael Kneip	11	Bellevue	137-02	134-00	6
4 Doc Derwin	12	Mt Si	133-09	122-02	5
5 Brian Copeland	11	Mt Si	116-02	116-09	4
6 James Dewater	12	Bellevue	115-06	115-09	3
7 Zach Sletten	11	Mt Si	112-00	114-02	2
8 Jordyn Buyers	11	Mt Si	103-08	110-11	1
9 Michael Petrochuk	10	Bellevue	113-04	107-02	
10 Bradly Stevens	10	Mt Si	109-09	105-03	
11 Sean Constantine	10	Bellevue	101-02	104-08	
12 Matthew Richard	12	Sammamish	102-04	98-11	
12 A.J. Brevick	11	Mt Si	108-04	98-11	
14 Peter Brockway	11	Mercer Island	102-02	90-11	
15 Brian Ruhland	12	Mt Si	113-06	87-07	
--- Kevin Ahrens	10	Liberty-Issaquah	116-05	FOUL	
--- Matt Nilsson	11	Juanita	115-11	SCR	

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Event 66 Girls Discus Throw 3A**Meet Record: 165-03 M 1998****Mandy Morschowa, Mount Si****3A Dist Qual: 106-03 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Kate Cryderman	11	Juanita	109-00	101-10	10
2 Carly Andersen	11	Mercer Island	92-02	95-11	8
3 Sofie Safley	12	Liberty-Issaquah	87-05	87-10	6
4 Rebecca Laemmel	9	Sammamish	81-01	84-01	5
5 Catalina Narvaja	12	Sammamish	86-11	82-10	4
6 Kristina Kasel	9	Mt Si	84-06	81-05	3
7 Madison Bardsley	12	Mt Si	68-09	77-10	2
8 Aurora Charouhas	12	Lake Washington	89-09	76-08	1
9 Alexis McGinnis	11	Liberty-Issaquah	79-10	71-05	
10 Leslie Stevens	12	Mt Si	85-02	67-08	
11 Morgan Safley	11	Liberty-Issaquah	73-03	67-01	
12 Hiu Tung (Natalie) Ching	10	Mercer Island	69-01	63-01	
13 Madelyn Bloom	10	Mercer Island	61-06	59-11	
14 Ellen Moline	12	Sammamish	62-01	51-10	
--- Jackie Hamilton	12	Bellevue	73-11	FOUL	
--- Sara Rawson	10	Mercer Island	62-06	FOUL	
--- Eve Maher	11	Liberty-Issaquah	71-05	SCR	
--- Emily Bassett	9	Mercer Island	83-08	SCR	

Event 68 Boys Javelin Throw 3A**Meet Record: 188-02 M 2000****Jared Morell, Inglemoor****3A Dist Qual: 164-07 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Tanner Lien	12	Bellevue	190-03	185-04 D	10
2 Matt Gilbert	11	Bellevue	180-07	183-09 D	8
3 Bradly Stevens	10	Mt Si	181-11	180-11 D	6
4 Zach Storm	12	Mt Si	173-08	178-01 D	5
5 Reid Jackson	12	Mercer Island	172-11	171-01 D	4
6 Craig Werre	12	Liberty-Issaquah	162-06	170-00 D	3
7 Peter Brockway	11	Mercer Island	150-05	158-05	2
8 Parker Knowles	12	Bellevue	133-04	149-00	1
9 Dylan Clark	11	Liberty-Issaquah	145-01	148-02	
10 Emmitt Rudd	9	Mt Si	142-10	146-03	
11 Duncan Hamilton	12	Bellevue	145-05	145-01	
12 Trevor Merritt	11	Liberty-Issaquah	155-07	144-05	
13 Doc Derwin	12	Mt Si	156-00	141-02	
14 Brett Hamre	11	Juanita	133-10	140-02	
15 Robert Talbot	11	Liberty-Issaquah	137-10	128-01	
16 Ryan Helmericks	10	Lake Washington	146-06	125-07	

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Event 70 Girls Javelin Throw 3A**Meet Record: 147-05 M 1990****Kelsey Stellick, Sammamish****3A Dist Qual: 113-10 D**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Carly Andersen	11	Mercer Island	128-04	114-08 D	10
2 Leslie Stevens	12	Mt Si	108-11	110-10	8
3 Anna Frodsham	10	Liberty-Issaquah	94-01	103-10	6
4 Emily Pestl-Dimmitt	11	Liberty-Issaquah	102-03	102-09	5
5 Delane Agnew	10	Liberty-Issaquah	92-07	97-07	4
6 Aurora Charouhas	12	Lake Washington	95-02	96-06	3
7 Rianne Peterson	10	Lake Washington	82-05	93-03	2
8 Morgan Safley	11	Liberty-Issaquah	93-06	90-03	1
9 Kristen Kasel	9	Mt Si	86-10	90-02	
10 Sydney Leonard	9	Mt Si	86-10	88-07	
10 Alexis McGinnis	11	Liberty-Issaquah	84-01	88-07	
12 Holly Jones	12	Liberty-Issaquah	80-05	82-08	
13 Jessica Tramp	11	Lake Washington	87-00	80-04	
14 Madelyn Bloom	10	Mercer Island	72-10	73-10	
15 Joanna Huckins	11	Bellevue	77-04	72-00	
16 Velvet Webber	9	Mt Si	77-01	70-06	
--- Allegra Bishop	11	Mercer Island	84-10	SCR	
--- Eve Maher	11	Liberty-Issaquah	84-09	SCR	

Women - 3A - Team Rankings - 18 Events Scored

1) Liberty-Issaquah	201	2) Juanita	146.5
3) Mt Si	104	4) Mercer Island	90
5) Bellevue	87.5	6) Lake Washington	43
7) Sammamish	23		

Men - 3A - Team Rankings - 17 Events Scored

1) Bellevue	143	2) Mt Si	137
3) Liberty-Issaquah	136	4) Juanita	113
5) Mercer Island	88	6) Sammamish	26
7) Lake Washington	18		