

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Girls 100 Meter Dash 2B

Name	Yr	School	Finals
Section 1			
1 Grace Garguile	10	Crosspoint A	12.70
2 McKenna Neufeld	9	Tacoma Bapti	12.76
3 Erika Herman	12	Evergreen Lu	13.06
4 Jordan Barton	11	Crosspoint A	13.35
5 Kaylin Weidenbach	12	Mt Vernon Ch	13.51
6 Kelsie Crawford	10	La Conner	13.52
7 Sam Salmi	9	Cedar Park C	13.86
8 Madi Cavanaugh	9	La Conner	13.90

Girls 200 Meter Dash 2B

Name	Yr	School	Finals
Section 1			
1 Cayla Vichot	12	Tacoma Bapti	26.38
2 Morgan Rial	11	Bear Creek	26.97
3 Meesha Hoskin	12	Shoreline Ch	27.39
4 Elizabeth Fernandez	11	Bear Creek	27.92
5 Grace Garguile	10	Crosspoint A	27.95
6 Kaylin Weidenbach	12	Mt Vernon Ch	28.25
7 Sam Salmi	9	Cedar Park C	28.78
8 Katie McKnight	9	La Conner	28.79

Girls 400 Meter Dash 2B

Name	Yr	School	Finals
Section 1			
1 Morgan Rial	11	Bear Creek	1:00.69
2 Grace Garguile	10	Crosspoint A	1:01.28
3 Madeleine Dye	12	Mt Vernon Ch	1:02.03
4 Erika Herman	12	Evergreen Lu	1:05.13
5 Jane Aguero	10	Mt Vernon Ch	1:07.29
6 Madi Cavanaugh	9	La Conner	1:07.41
7 Karissa Kjenstad	9	Evergreen Lu	1:08.65
8 Rebekah Anderson	10	Shoreline Ch	1:11.44

Girls 800 Meter Run 2B

Name	Yr	School	Finals
Section 1			
1 Karissa Kjenstad	9	Evergreen Lu	2:32.14
2 Kylie Whitener	12	Mt Vernon Ch	2:36.01
3 Cassidy Sharrett	9	Tacoma Bapti	2:36.78
4 Amy Turner	12	Tacoma Bapti	2:47.14
5 Kirstyn Bell	9	La Conner	2:55.23
6 Ashley Pittman	12	Bear Creek	2:57.91

Girls 1600 Meter Run 2B

Name	Yr	School	Finals
Section 1			
1 Sammie Mesman	10	La Conner	5:59.41
2 Amy Turner	12	Tacoma Bapti	6:05.78
3 Emilee Fenley	9	Concrete	6:06.40
4 Alyssa Ackermann	9	Mt Vernon Ch	6:14.71
5 Joy Twentyman	11	Bear Creek	6:18.06
6 Ashley Pittman	12	Bear Creek	6:21.68

7 Carly Nolta	9	Tacoma Bapti	6:30.07
8 Seantel Shope	12	Concrete	6:30.13

Girls 3200 Meter Run 2B

Name	Yr	School	Finals
Section 1			
1 Joy Twentyman	11	Bear Creek	13:16.89
2 Amy Turner	12	Tacoma Bapti	13:19.67
3 Alyssa Ackermann	9	Mt Vernon Ch	13:28.71
4 Emilee Fenley	9	Concrete	13:40.27
5 Lydia Lenning	10	La Conner	13:48.24
6 Carly Nolta	9	Tacoma Bapti	14:35.77
7 Emily Wiederspan	12	Cedar Park C	14:39.60

Girls 100 Meter Hurdles 2B

Name	Yr	School	Finals
Section 1			
1 Jenna Otis	12	Cedar Park C	17.15
2 Meesha Hoskin	12	Shoreline Ch	17.16
3 Emily Anderson	11	La Conner	18.67
4 Taylor Talen	10	Tacoma Bapti	19.15
5 Olivia Tillinghast	9	Bear Creek	19.37
6 Maddy Jones	10	Seattle Luth	19.39
7 Autumn Echols	10	Evergreen Lu	19.94
8 Angie McLaughlin	10	Concrete	20.07

Girls 300 Meter Hurdles 2B

Name	Yr	School	Finals
Section 1			
1 Meesha Hoskin	12	Shoreline Ch	47.63
2 Priscilla Ponce-Venagas	11	La Conner	51.11
3 Paige Narayan	11	Tacoma Bapti	51.51
4 Megume Poetter	12	Evergreen Lu	55.50
5 Olivia Tillinghast	9	Bear Creek	58.12
6 Autumn Echols	10	Evergreen Lu	1:00.24
7 Thea O'Brien	11	Concrete	1:00.98
8 Seantel Shope	12	Concrete	1:08.34

Girls 4x100 Meter Relay 2B

Team	Relay	Finals
Section 1		
1 Tacoma Baptist		51.03
1) Ellie Spiro 11	2) Paige Narayan 11	
3) McKenna Neufeld 9	4) Cayla Vichot 12	
2 Bear Creek		52.41
1) Elizabeth Fernandez 11	2) Morgan Rial 11	
3) Halle Coleman 11	4) Danielle Isbell 11	
3 Crosspoint Academy		52.61
1) Leandra Shdo 12	2) Claire Lovely 9	
3) Jordan Barton 11	4) Grace Garguile 10	
4 La Conner		53.66
1) Kelsie Crawford 10	2) Katie McKnight 9	
3) Emily Anderson 11	4) Priscilla Ponce-Venagas 11	

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Section 1 ... (Girls 4x100 Meter Relay 2B)

Team	Relay	Finals
5 Evergreen Lutheran		56.12
1) Megume Poetter 12	2) Emma Poetter 10	
3) Autumn Echols 10	4) Colleen Croy 10	
6 Concrete		57.32
1) Jessica Filtz 10	2) Angie McLaughlin 10	
3) Thea O'Brien 11	4) Sarah Spaeth 11	
7 Mt Vernon Christian		57.59
1) Alyssa Ackermann 9	2) Jaci Vanderwerff 10	
3) Kendra McConnell 12	4) Emily Boudreau 12	

Girls 4x200 Meter Relay 2B

Team	Relay	Finals
Section 1		
1 Tacoma Baptist		1:47.84
1) Paige Narayan 11	2) McKenna Neufeld 9	
3) Ellie Spiro 11	4) Cayla Vichot 12	
2 Bear Creek		1:48.19
1) Danielle Isbell 11	2) Morgan Rial 11	
3) Halle Coleman 11	4) Elizabeth Fernandez 11	
3 Mt Vernon Christian		1:49.95
1) Jane Aguero 10	2) Madeleine Dye 12	
3) Kaylin Weidenbach 12	4) Kylie Whitener 12	
4 La Conner		1:51.68
1) Kelsie Crawford 10	2) Madi Cavanaugh 9	
3) Katie McKnight 9	4) Priscilla Ponce-Venagas 11	
5 Shoreline Christian		1:59.17
1) Rebekah Anderson 10	2) Meesha Hoskin 12	
3) Jessica Hoogerhyde 10	4) Abby DeKoekkoek 9	
6 Evergreen Lutheran		1:59.56
1) Karissa Kjenstad 9	2) Emma Poetter 10	
3) Colleen Croy 10	4) Megume Poetter 12	

Girls 4x400 Meter Relay 2B

Team	Relay	Finals
Section 1		
1 Mt Vernon Christian		4:14.66
1) Kylie Whitener 12	2) Jane Aguero 10	
3) Kaylin Weidenbach 12	4) Madeleine Dye 12	
2 Tacoma Baptist		4:17.05
1) Paige Narayan 11	2) Jordyn Wintersole 12	
3) Ellie Spiro 11	4) Cayla Vichot 12	
3 La Conner		4:41.68
1) Chrissy Barsness 9	2) Sammie Mesman 10	
3) Lydia Lenning 10	4) Madi Cavanaugh 9	

Girls High Jump 2B

Name	Yr	School	Finals
Flight 1			
1 Maddie Magee	11	Bear Creek	5-07.00
2 Megume Poetter	12	Evergreen Lu	4-09.00
3 Emily Anderson	11	La Conner	4-08.00
4 Jess Castor	11	Cedar Park C	4-06.00
5 Sam Salmi	9	Cedar Park C	4-04.00

Girls Pole Vault 2B

Name	Yr	School	Finals
Flight 1			
1 Kylie Whitener	12	Mt Vernon Ch	9-03.00
2 Kira Geiger	12	Bear Creek	8-00.00

Girls Long Jump 2B

Name	Yr	School	Finals
Flight 1			
1 Madeleine Dye	12	Mt Vernon Ch	15-01.50
2 Jenna Otis	12	Cedar Park C	14-07.00
3 Kelsie Crawford	10	La Conner	14-06.75
4 Jessica Filtz	10	Concrete	14-00.00
5 Kira Geiger	12	Bear Creek	13-07.50
6 Olivia Wake	9	Seattle Luth	13-03.50
7 Sara Yazzi	12	Tacoma Bapti	13-01.00
8 Emma Poetter	10	Evergreen Lu	12-05.50

Girls Triple Jump 2B

Name	Yr	School	Finals
Flight 1			
1 Emily Boudreau	12	Mt Vernon Ch	32-01.50
2 Jane Aguero	10	Mt Vernon Ch	31-04.25
3 Jess Castor	11	Cedar Park C	30-07.50
4 Emily Anderson	11	La Conner	29-05.25
5 Autumn Echols	10	Evergreen Lu	24-11.25
--- Karissa Kjenstad	9	Evergreen Lu	FOUL

Girls Shot Put 2B

Name	Yr	School	Finals
Flight 1			
1 Brittany Carman	12	Mt Vernon Ch	30-00.00
2 Jessica Filtz	10	Concrete	29-11.00
3 Ottey Weidenbach	9	Mt Vernon Ch	29-10.75
4 Taylor Talen	10	Tacoma Bapti	28-00.25
5 Kira Geiger	12	Bear Creek	26-10.25
6 Emily Wood	12	Seattle Luth	25-11.75
7 Sarah Spaeth	11	Concrete	24-11.50
8 Amanda Meyer	12	Evergreen Lu	23-11.50

Girls Discus Throw 2B

Name	Yr	School	Finals
Flight 1			
1 Taylor Talen	10	Tacoma Bapti	100-04
2 Brittany Carman	12	Mt Vernon Ch	98-01
3 Holly Ray	9	Bear Creek	96-07
4 Ottey Weidenbach	9	Mt Vernon Ch	84-07
5 Jillian Burkett	12	Seattle Luth	78-01
6 Ally Addleman	12	Evergreen Lu	77-06
7 Stephanie Rasor	10	Shoreline Ch	73-05
8 Sarah Spaeth	11	Concrete	56-10

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Girls Javelin Throw 2B

Name	Yr	School	Finals
Flight 1			
1 Brittany Carman	12	Mt Vernon Ch	117-09
2 Erika Herman	12	Evergreen Lu	101-09
3 Priscilla Ponce-Venagas	11	La Conner	95-01
4 Jessica Filtz	10	Concrete	90-01
5 Jordyn Wintersole	12	Tacoma Bapti	89-08
6 Katie McKnight	9	La Conner	89-02
7 Taylor Talen	10	Tacoma Bapti	83-03
8 Olivia Wake	9	Seattle Luth	81-00

Girls 100 Meter Dash 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Alanna Coker	11	Juanita	12.16Q
2 Allannah Whitehall	11	Lakeside	12.31Q
3 Queen Ealy	11	Rainier Beac	12.59Q
4 Kris Tollefson	11	West Seattle	12.72q
5 Rachel Ivancic	11	Nathan Hale	12.86
6 Danielle Richards	11	Liberty-Issa	13.07
Heat 2 Preliminaries			
1 Kate Adler	10	Seattle Prep	12.47Q
2 Floriane Kameni	9	Bellevue	12.56Q
3 Amalia Acorda-Fey	11	Holy Names A	12.61Q
4 Veronica Ivancic	11	Nathan Hale	12.64q
5 Taylor Newson-Jefferson	12	Franklin	12.80
6 Mikayla Jones	10	Juanita	12.96

Girls 100 Meter Dash 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Alanna Coker	11	Juanita	12.17
2 Kate Adler	10	Seattle Prep	12.36
3 Allannah Whitehall	11	Lakeside	12.37
4 Floriane Kameni	9	Bellevue	12.51
5 Veronica Ivancic	11	Nathan Hale	12.59
6 Amalia Acorda-Fey	11	Holy Names A	12.76
7 Kris Tollefson	11	West Seattle	12.82

Girls 200 Meter Dash 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Alanna Coker	11	Juanita	25.20Q
2 Alexis Ford	11	Rainier Beac	25.69Q
3 Naivasha Sophusson Smith	12	Nathan Hale	25.76Q
4 Khadijah Ladd	12	Franklin	26.82q
5 Sophie Rockow	11	Mt Si	27.21
6 Laura Harrison	10	Mercer Islan	27.36
Heat 2 Preliminaries			
1 Taylor Newson-Jefferson	12	Franklin	25.96Q
2 Allannah Whitehall	11	Lakeside	26.08Q
3 Amalia Acorda-Fey	11	Holy Names A	26.13Q
4 Kris Tollefson	11	West Seattle	26.20q

5 Jennifer Williams	9	Cleveland	28.00
--- Elizabeth Ryker	11	Liberty-Issa	FS

Girls 200 Meter Dash 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Alanna Coker	11	Juanita	25.25
2 Alexis Ford	11	Rainier Beac	25.84
3 Naivasha Sophusson Smith	12	Nathan Hale	25.89
4 Allannah Whitehall	11	Lakeside	26.08
5 Amalia Acorda-Fey	11	Holy Names A	26.19
6 Taylor Newson-Jefferson	12	Franklin	26.33
7 Kris Tollefson	11	West Seattle	26.37
8 Khadijah Ladd	12	Franklin	27.47

Girls 400 Meter Dash 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Alexis Ford	11	Rainier Beac	58.50Q
2 Kris Tollefson	11	West Seattle	58.81Q
3 Anneke Kniestedt	11	Lake Washing	1:01.16Q
4 Elizabeth Ryker	11	Liberty-Issa	1:01.67q
5 Jennifer Williams	9	Cleveland	1:04.40
6 Michaela Chucka	10	Liberty-Issa	1:06.97
Heat 2 Preliminaries			
1 Madison Birdsall	12	Liberty-Issa	59.83Q
2 Peyton Johnson	9	Lakeside	59.88Q
3 Clara Merlino	11	Holy Names A	1:00.21Q
4 Aimee Christensen	11	Liberty-Issa	1:02.20q
5 Danielle Bogardus	9	Bainbridge	1:02.53
6 Bailey Sonne	9	Seattle Prep	1:06.55

Girls 400 Meter Dash 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Alexis Ford	11	Rainier Beac	57.88
2 Peyton Johnson	9	Lakeside	58.43
3 Kris Tollefson	11	West Seattle	58.72
4 Madison Birdsall	12	Liberty-Issa	59.08
5 Clara Merlino	11	Holy Names A	1:00.19
6 Elizabeth Ryker	11	Liberty-Issa	1:00.88
7 Anneke Kniestedt	11	Lake Washing	1:01.15
8 Aimee Christensen	11	Liberty-Issa	1:03.33

Girls 800 Meter Run 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Madeline Rathbun	12	Lakeside	2:17.13Q
2 Stasia Demick	11	Holy Names A	2:21.32Q
3 Julia Ellings	10	Bellevue	2:25.06Q
4 Rebecca Delacruz-Gunderson	9	Lakeside	2:25.52q
5 Christina Volken	10	Mt Si	2:25.85q
6 Emily Anderson	10	Bishop Blanc	2:31.19
Heat 2 Preliminaries			
1 Lily Engelbrekt	10	Bishop Blanc	2:19.00Q

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Heat 2 Preliminaries ... (Girls 800 Meter Run 3A)

Name	Yr	School	Prelims
2 Renee Wahlman	11	Holy Names A	2:24.29Q
3 Pearl Terry	11	Bainbridge	2:27.30Q
4 Megan Larson	9	Liberty-Issa	2:27.80
5 Analise Miller-Wells	9	Nathan Hale	2:34.37
6 Lillia Mora	9	Bellevue	2:37.30

Girls 800 Meter Run 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Madeline Rathbun	12	Lakeside	2:12.24
2 Lily Engelbrekt	10	Bishop Blanc	2:13.91
3 Stasia Demick	11	Holy Names A	2:18.21
4 Renee Wahlman	11	Holy Names A	2:19.23
5 Julia Ellings	10	Bellevue	2:21.93
6 Pearl Terry	11	Bainbridge	2:21.98
7 Christina Volken	10	Mt Si	2:24.18
8 Rebecca Delacruz-Gunderson	9	Lakeside	2:28.05

Girls 1600 Meter Run 3A

Name	Yr	School	Finals
Section 1			
1 Madeline Rathbun	12	Lakeside	5:08.14
2 Lily Engelbrekt	10	Bishop Blanc	5:08.55
3 Stephanie Spiekerman	9	Bishop Blanc	5:14.42
4 Lindsay Frederick	12	Nathan Hale	5:14.74
5 Amy Broska	9	Liberty-Issa	5:15.61
6 Joey Bosserman	10	Seattle Prep	5:18.46
7 Rebecca Delacruz-Gunderson	9	Lakeside	5:18.86
8 Moira O'Connor-Length	10	Holy Names A	5:19.62
9 Bailey Scott	9	Mt Si	5:20.86
10 Megan Chucka	10	Liberty-Issa	5:25.42
11 Alida Scalzo	9	Mercer Islan	5:32.95
12 Elsie Howell	11	Holy Names A	5:33.20

Girls 3200 Meter Run 3A

Name	Yr	School	Finals
Section 1			
1 Stephanie Spiekerman	9	Bishop Blanc	11:30.77
2 Joey Bosserman	10	Seattle Prep	11:31.94
3 Lindsay Frederick	12	Nathan Hale	11:33.17
4 Amy Broska	9	Liberty-Issa	11:38.32
5 Moira O'Connor-Length	10	Holy Names A	11:47.35
6 Mikayla Davis	11	Mercer Islan	11:56.07
7 Rachel Weinand	10	Bishop Blanc	12:19.39
8 Jasmine Shirey	9	Nathan Hale	12:31.41
9 Kathryn McHenry	10	Lakeside	12:33.49
10 Megan Chucka	10	Liberty-Issa	12:34.05
11 Rachel Shaw	10	Liberty-Issa	12:40.68
12 Elena Smith	11	Nathan Hale	13:13.87

Girls 100 Meter Hurdles 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Cecelia Jackson	10	Holy Names A	14.51Q
2 Taylor Anderson	12	Rainier Beac	15.57Q
3 Cora Miller	12	Mercer Islan	15.83Q
4 Kristina Teodoro	10	Seattle Prep	16.43q
5 Kate Van Vuren	12	Bishop Blanc	17.21q
6 Kathryn Wuchter	11	Juanita	17.26

Heat 2 Preliminaries

1 Naivasha Sophusson Smith	12	Nathan Hale	14.00Q
2 Olivia Vincent	9	Holy Names A	14.68Q
3 Emily Pestl-Dimmitt	11	Liberty-Issa	16.47Q
5 Katie Shephard	10	Bainbridge	17.55
9 Chanel Colinares	12	Bellevue	J17.21

Girls 100 Meter Hurdles 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Naivasha Sophusson Smith	12	Nathan Hale	14.24
2 Cecelia Jackson	10	Holy Names A	14.58
3 Olivia Vincent	9	Holy Names A	14.90
4 Taylor Anderson	12	Rainier Beac	15.00
5 Cora Miller	12	Mercer Islan	15.86
6 Emily Pestl-Dimmitt	11	Liberty-Issa	16.38
7 Kristina Teodoro	10	Seattle Prep	16.64
8 Kate Van Vuren	12	Bishop Blanc	17.35

Girls 300 Meter Hurdles 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Cecelia Jackson	10	Holy Names A	47.32Q
2 Cora Miller	12	Mercer Islan	47.85Q
3 Sara Wilson	10	Lake Washing	48.24Q
4 Kate Van Vuren	12	Bishop Blanc	48.37q
5 Emily Aleinikoff	10	Seattle Prep	50.38
6 Jillian Lum	9	Holy Names A	54.10

Heat 2 Preliminaries

1 Olivia Vincent	9	Holy Names A	46.54Q
2 Ashley Jackson	10	Mt Si	47.61Q
3 Olivia Steinke	9	Bishop Blanc	48.64Q
4 Taylor Hogan	12	Seattle Prep	49.26q
5 Chanel Colinares	12	Bellevue	50.04
6 Katherine Iwanyk	11	Holy Names A	50.98

Girls 300 Meter Hurdles 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Olivia Vincent	9	Holy Names A	44.67
2 Cecelia Jackson	10	Holy Names A	45.72
3 Ashley Jackson	10	Mt Si	46.66
4 Cora Miller	12	Mercer Islan	46.94
5 Kate Van Vuren	12	Bishop Blanc	47.37
6 Sara Wilson	10	Lake Washing	47.44

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Section 1 Finals ... (Girls 300 Meter Hurdles 3A)

Name	Yr	School	Finals
7 Olivia Steinke	9	Bishop Blanc	48.54
8 Taylor Hogan	12	Seattle Prep	49.26

Girls 4x100 Meter Relay 3A

Team	Relay	Prelims
------	-------	---------

Heat 1 Preliminaries

1 Holy Names Academy		49.50Q
1) Cecelia Jackson 10	2) Olivia Vincent 9	
3) Kayla Warren 12	4) Amalia Acorda-Fey 11	
2 Rainier Beach		49.77Q
1) Tanisha Scott 9	2) Queen Ealy 11	
3) Charissa Shoecraft 12	4) Taylor Anderson 12	
3 Bellevue		51.71Q
1) Alli Cahill 12	2) Chanel Colinares 12	
3) Emily Chinn 10	4) Floriane Kameni 9	
4 Mt Si		51.82q
1) Sophie Rockow 11	2) Jesse Guyer 9	
3) Abbey Bottemiller 9	4) Kristen Kasel 9	
5 Cleveland		52.43
1) Shamia Vinson 11	2) Savannah Daniels 9	
3) Olivia Smith 11	4) Jennifer Williams 9	
6 Bainbridge		52.80
1) Katherine Bond 11	2) Courtney Odell 12	
3) Kim Macloed 11	4) Joli Holmes 11	

Heat 2 Preliminaries

1 Nathan Hale		49.34Q
1) Rachel Ivancic 11	2) Veronica Ivancic 11	
3) Naivasha Sophusson Smith 12	4) Ellie Taagen 11	
2 Franklin		50.62Q
1) Khadijah Ladd 12	2) Keziah Jenkins 12	
3) Lovely Shoecraft 10	4) Taylor Newson-Jefferson 12	
3 Seattle Prep		50.80Q
1) Nina Andersen 12	2) Kate Adler 10	
3) Kate Hisken 11	4) Erin Howard 9	
4 Juanita		51.28q
1) Kathryn Wuchter 11	2) Rachel Richardson 12	
3) Regi Lammers 10	4) Mikayla Jones 10	
5 Liberty-Issaquah		52.04
1) Shannon Powell 9	2) Brittain Monroe 11	
3) Stacy Christensen 11	4) Danielle Richards 11	

Girls 4x100 Meter Relay 3A

Team	Relay	Finals
------	-------	--------

Section 1 Finals

1 Nathan Hale		49.27
2 Holy Names Academy		49.28
3 Rainier Beach		50.63
4 Franklin		50.69
5 Seattle Prep		51.07
6 Juanita		51.20
7 Bellevue		51.51
8 Mt Si		51.72

Girls 4x200 Meter Relay 3A

Team	Relay	Prelims
------	-------	---------

Heat 1 Preliminaries

1 Seattle Prep		1:47.02Q
1) Kate Adler 10	2) Nina Andersen 12	
3) Kate Hisken 11	4) Erin Howard 9	
2 Lakeside		1:47.51Q
1) Peyton Johnson 9	2) Lara Adekoya 12	
3) Whitney Best 12	4) Allannah Whitehall 11	
3 Juanita		1:48.77Q
1) Rachel Richardson 12	2) Kathryn Wuchter 11	
3) Regi Lammers 10	4) Mikayla Jones 10	
4 Mt Si		1:51.55q
1) Sophie Rockow 11	2) Jesse Guyer 9	
3) Sydney Dore 9	4) Abbey Bottemiller 9	
5 Cleveland		1:55.10
1) Shamia Vinson 11	2) Savannah Daniels 9	
3) Olivia Smith 11	4) Shanteria Wright 9	
6 Bainbridge		1:55.91
1) Katherine Bond 11	2) Kim Macloed 11	
3) Joli Holmes 11	4) Courtney Odell 12	

Heat 2 Preliminaries

1 Nathan Hale		1:46.75Q
1) Rachel Ivancic 11	2) Veronica Ivancic 11	
3) Naivasha Sophusson Smith 12	4) Teresa Wang 9	
2 Liberty-Issaquah		1:48.19Q
1) Madison Birdsall 12	2) Delane Agnew 10	
3) Stacy Christensen 11	4) Elizabeth Ryker 11	
3 Holy Names Academy		1:49.45Q
1) Clara Merlino 11	2) Julia Hawn 10	
3) Diana Schilling 11	4) Katie Kipp 10	
4 Bellevue		1:50.80q
1) Alli Cahill 12	2) Emily Webb 11	
3) Emily Chinn 10	4) Floriane Kameni 9	
5 Bishop Blanchet		1:57.43
1) Laura Walker 10	2) Hallie Lebon 12	
3) Allie Tulintseff 11	4) Shannon Danforth 11	
--- Rainier Beach		DQ
1) Alexis Ford 11	2) Charissa Shoecraft 12	
3) Tanisha Scott 9	4) Taylor Anderson 12	

Girls 4x200 Meter Relay 3A

Team	Relay	Finals
------	-------	--------

Section 1 Finals

1 Nathan Hale		1:45.82
2 Seattle Prep		1:46.34
3 Juanita		1:46.45
4 Lakeside		1:47.22
5 Liberty-Issaquah		1:47.57
6 Holy Names Academy		1:47.80
7 Mt Si		1:50.58
8 Bellevue		1:52.39

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Girls 4x400 Meter Relay 3A

Team	Relay	Prelims
Heat 1 Preliminaries		
1 Lakeside		4:08.03Q
1) Peyton Johnson 9	2) Lara Adekoya 12	
3) Whitney Best 12	4) Allannah Whitehall 11	
2 Liberty-Issaquah		4:08.68Q
1) Michaela Chucka 10	2) Delane Agnew 10	
3) Elizabeth Ryker 11	4) Madison Birdsall 12	
3 Seattle Prep		4:19.38Q
1) Nina Andersen 12	2) Kate Hisken 11	
3) Taylor Hogan 12	4) Sarah Schwaegler 11	
4 Juanita		4:24.76q
1) Molly Grager 11	2) Alicia Kiehl 11	
3) Mikayla Jones 10	4) Regi Lammers 10	
5 West Seattle		4:45.06
1) Kris Tollefson 11	2) Skye Kalil 10	
3) Haily Hage 11	4) Della Norton 10	
6 Cleveland		5:23.29
1) Shamia Vinson 11	2) Jennifer Williams 9	
3) Olivia Smith 11	4) Laryssa Evans 10	
Heat 2 Preliminaries		
1 Holy Names Academy		4:07.02Q
1) Amalia Acorda-Fey 11	2) Stasia Demick 11	
3) Renee Wahlman 11	4) Clara Merlino 11	
2 Lake Washington		4:13.59Q
1) Anneke Kniestedt 11	2) Sara Wilson 10	
3) Nicola Scutt 11	4) Audrey Nordness 12	
3 Bainbridge		4:16.92Q
1) Isabel Ferguson 11	2) Pearl Terry 11	
3) Joli Holmes 11	4) Danielle Bogardus 9	
4 Mt Si		4:21.75q
1) Lindsay Kirby 11	2) Christina Volken 10	
3) Madeleine Hutchison 9	4) Abbey Bottemiller 9	
5 Bellevue		4:31.88
1) Julia Ellings 10	2) Lillia Mora 9	
3) Delaney Ugelstad 9	4) Vandan Kasar 11	
6 Bishop Blanchet		4:36.27
1) Laura Walker 10	2) Emily Anderson 10	
3) Katherine Westin 9	4) Ali Duenas 12	

Girls 4x400 Meter Relay 3A

Team	Relay	Finals
Section 1 Finals		
1 Lakeside		4:01.60
2 Holy Names Academy		4:02.01
3 Liberty-Issaquah		4:05.82
4 Lake Washington		4:10.21
5 Bainbridge		4:11.97
6 Mt Si		4:14.19
7 Seattle Prep		4:16.18
8 Juanita		4:16.89

Girls High Jump 3A

Name	Yr	School	Finals
Flight 1			
1 Olivia Vincent	9	Holy Names A	5-08.00
2 Maddy Williams	12	Franklin	5-03.00
3 Cecelia Jackson	10	Holy Names A	5-02.00
4 Molly Grager	11	Juanita	5-01.00
5 Isabel Ferguson	11	Bainbridge	J5-01.00
6 Emily Pestl-Dimmitt	11	Liberty-Issa	4-10.00
7 Teresa Wang	9	Nathan Hale	J4-10.00
8 Enjunay Jones-Lee	11	Franklin	4-08.00
8 Jessica Pickering	10	Liberty-Issa	4-08.00
10 Kayla Warren	12	Holy Names A	J4-08.00
11 Sarah Schwaegler	11	Seattle Prep	4-06.00
12 Alli Cahill	12	Bellevue	J4-06.00

Girls Pole Vault 3A

Name	Yr	School	Finals
Flight 1			
1 Kaeley Scruggs	12	Nathan Hale	10-03.00
2 Jessica Badgeley	12	Lakeside	J10-03.00
3 Lexi Swanson	11	Mt Si	9-06.00
4 Sydney Matsuda-Fong	10	Nathan Hale	9-00.00
5 Jessica Pickering	10	Liberty-Issa	J9-00.00
6 Audrey Allbritton	11	Bainbridge	J9-00.00
7 Danielle Richards	11	Liberty-Issa	J9-00.00
7 Kathryn Wuchter	11	Juanita	J9-00.00
9 Vaiva Palunas	10	Lakeside	8-06.00
10 Karina Toy	11	Ingraham	8-00.00
11 Sarah Luth	9	Nathan Hale	7-06.00
--- Hadley Scharer	11	Bishop Blanc	NH

Girls Long Jump 3A

Name	Yr	School	Finals
Flight 1			
1 Floriane Kameni	9	Bellevue	17-00.00
2 Alanna Coker	11	Juanita	16-11.25
3 Kate Adler	10	Seattle Prep	16-11.00
4 Kayla Warren	12	Holy Names A	16-08.75
5 Charissa Shoecraft	12	Rainier Beac	16-06.00
6 Rachel Richardson	12	Juanita	16-02.50
7 Ida Bakke	11	Liberty-Issa	15-09.50
8 Haily Hage	11	West Seattle	15-06.00
9 Veronica Ivancic	11	Nathan Hale	15-00.25
10 Ericka Armstead	10	Lakeside	14-11.50
11 Shannon Danforth	11	Bishop Blanc	14-06.50
12 Allie Tulintseff	11	Bishop Blanc	13-10.75

Girls Triple Jump 3A

Name	Yr	School	Finals
Flight 1			
1 Alanna Coker	11	Juanita	37-08.00
2 Kayla Warren	12	Holy Names A	36-00.00
3 Rachel Richardson	12	Juanita	35-02.75

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Flight 1 ... (Girls Triple Jump 3A)

Name	Yr	School	Finals
4 Leslie Stevens	12	Mt Si	34-09.25
5 Molly Grager	11	Juanita	34-08.75
6 Nina Andersen	12	Seattle Prep	34-04.50
7 Olivia Smith	11	Cleveland	34-04.00
8 Haily Hage	11	West Seattle	33-07.50
9 Shannon Danforth	11	Bishop Blanc	32-06.25
10 Lara Adekoya	12	Lakeside	31-09.75
11 Beth Lidgard	12	Bishop Blanc	31-03.50
12 Michelle Spoelhof	12	Nathan Hale	31-02.00

Girls Shot Put 3A

Name	Yr	School	Finals
------	----	--------	--------

Flight 1

1 Kate Cryderman	11	Juanita	38-04.25
2 Dominique Prater	10	Chief Sealth	36-07.50
3 Morgan Safley	11	Liberty-Issa	33-11.00
4 Alexia Mefi	9	Cleveland	32-09.25
5 Brionna Hart	11	Cleveland	32-04.50
6 Ericka Armstead	10	Lakeside	32-01.00
7 Maddy Williams	12	Franklin	31-08.00
8 Sophie Hallam-Eames	12	Nathan Hale	30-06.50
9 Alexis McGinnis	11	Liberty-Issa	30-00.75
10 Molly Bocian	12	Bishop Blanc	29-10.50
11 Maggie Cain	11	Bishop Blanc	29-02.25
12 Catalina Narvaja	12	Sammamish	26-08.25

Girls Discus Throw 3A

Name	Yr	School	Finals
------	----	--------	--------

Flight 1

1 Sophie Hallam-Eames	12	Nathan Hale	120-02
2 Kate Cryderman	11	Juanita	117-10
3 Carly Andersen	11	Mercer Islan	101-08
4 Alexia Mefi	9	Cleveland	97-04
5 Molly Bocian	12	Bishop Blanc	97-01
6 Ariel Willette	12	Bishop Blanc	88-02
7 Dominique Prater	10	Chief Sealth	85-04
8 Katie Rock	11	Holy Names A	80-05
9 Rebecca Laemmel	9	Sammamish	77-05
10 Brooke Hiatt	12	Bishop Blanc	75-02
11 Taylor Magera	12	West Seattle	73-03
12 Sofie Safley	12	Liberty-Issa	67-11

Girls Javelin Throw 3A

Name	Yr	School	Finals
------	----	--------	--------

Flight 1

1 Carly Andersen	11	Mercer Islan	118-01
2 Maddy Williams	12	Franklin	113-01
3 Anna Frodsham	10	Liberty-Issa	108-00
4 Leslie Stevens	12	Mt Si	105-03
5 Emily Pestl-Dimmitt	11	Liberty-Issa	103-05
6 Delane Agnew	10	Liberty-Issa	96-05
7 Maureen Gehrig	12	Bishop Blanc	91-07
8 Megan Mooney	9	Nathan Hale	86-01

9 Lauren Westphalen	11	Bishop Blanc	75-03
10 Eilish Richards	10	Bishop Blanc	72-05
11 Taylor Magera	12	West Seattle	63-04
12 Maggie Cain	11	Bishop Blanc	55-07

Boys 100 Meter Dash 2B

Name	Yr	School	Finals
------	----	--------	--------

Section 1

1 Andy Aiken	11	Concrete	11.75
2 Lucas Fernandez	11	Bear Creek	11.81
3 Alex Aiken	12	Concrete	11.83
4 Conner Anderson	12	La Conner	11.88
5 RJ Son	11	Seattle Luth	11.94
6 Jacob Zimmer	10	Tacoma Bapti	12.13
7 Jack Borusinski	9	La Conner	12.35
--- Jordan Cooper	12	Crosspoint A	FS

Boys 200 Meter Dash 2B

Name	Yr	School	Finals
------	----	--------	--------

Section 1

1 Jordan Cooper	12	Crosspoint A	23.02
2 Josh Firminger	12	Bear Creek	23.91
3 Conner Anderson	12	La Conner	24.06
4 Landy James	11	La Conner	24.29
5 Todd Hoagland	11	La Conner	24.48
6 Jacob Zimmer	10	Tacoma Bapti	24.63
7 Lucas Fernandez	11	Bear Creek	24.70
8 Daniel Houtsma	11	Mt Vernon Ch	30.58

Boys 400 Meter Dash 2B

Name	Yr	School	Finals
------	----	--------	--------

Section 1

1 Keaton Cruver	11	Tacoma Bapti	51.80
2 Josh Firminger	12	Bear Creek	52.01
3 Jake Nigon	12	Seattle Luth	52.56
4 Jose Torres	12	Concrete	54.48
5 Ben Lamb	10	Concrete	56.50
6 Josh Hanson	12	Cedar Park C	57.23
--- Todd Hoagland	11	La Conner	DQ

Boys 800 Meter Run 2B

Name	Yr	School	Finals
------	----	--------	--------

Section 1

1 Ryan Lutterloh	11	Tacoma Bapti	2:03.09
2 Jeriah Carroll	12	Tacoma Bapti	2:03.47
3 Daniel Swann	11	Tacoma Bapti	2:04.44
4 Daniel Houtsma	11	Mt Vernon Ch	2:04.57
5 Joe Thayer	10	Seattle Luth	2:06.95
6 Joshua Ruitier	11	Shoreline Ch	2:07.57
7 Castle Bonner	11	Shoreline Ch	2:20.13
8 Evan Wiederspan	10	Cedar Park C	2:35.16

Boys 1600 Meter Run 2B

Name	Yr	School	Finals
------	----	--------	--------

Section 1

1 Daniel Swann	11	Tacoma Bapti	4:45.07
----------------	----	--------------	---------

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Section 1 ... (Boys 1600 Meter Run 2B)

Name	Yr	School	Finals
2 Simon LeClair	12	Mt Vernon Ch	4:46.93
3 Ryan Lutterloh	11	Tacoma Bapti	4:47.12
4 Nathan Sybrandy	11	La Conner	4:47.46
5 Joe Thayer	10	Seattle Luth	4:52.05
6 Caleb Bonner	9	Shoreline Ch	4:52.60
7 Jayson Kjenstad	11	Evergreen Lu	5:07.64
8 Nate Long	9	Concrete	5:28.36

Boys 3200 Meter Run 2B

Name	Yr	School	Finals
Section 1			
1 Drew Jordan	10	Tacoma Bapti	10:57.54
2 Jared Stefanoff	11	Seattle Luth	10:59.52
3 Sam Traylor	10	La Conner	11:03.27
4 Nate Long	9	Concrete	11:21.68
5 Mikal Pattee	10	Crosspoint A	11:30.75
6 Kyle Oliver	10	Mt Vernon Ch	11:49.25
7 David Broaddus	9	Bear Creek	12:15.03
8 Alec Azure	9	La Conner	12:57.14

Boys 110 Meter Hurdles 2B

Name	Yr	School	Finals
Section 1			
1 Josh Thompson	12	Crosspoint A	15.53
2 Sten Mejlaender	12	La Conner	15.81
3 DJ Mitchell	12	Concrete	16.46
4 Jamall James	10	La Conner	16.70
5 Logan Stafford	10	Crosspoint A	17.33
6 Daniel Hall	10	Shoreline Ch	17.41
7 Joel Feller	12	Evergreen Lu	18.56
8 Kevin Moseley	11	Seattle Luth	19.11

Boys 300 Meter Hurdles 2B

Name	Yr	School	Finals
Section 1			
1 Sten Mejlaender	12	La Conner	40.94
2 Josh Thompson	12	Crosspoint A	41.42
3 DJ Mitchell	12	Concrete	42.79
4 Joel Feller	12	Evergreen Lu	43.50
5 Michael deHaan	11	Mt Vernon Ch	44.97
6 Ryder Reymore	10	Cedar Park C	45.03
7 Logan Stafford	10	Crosspoint A	45.12
8 Chris Kelley	9	Crosspoint A	45.75

Boys 4x100 Meter Relay 2B

Team	Relay	Finals
Section 1		
1 Bear Creek		45.72
1) Nigel Saw 12	2) Josh Firminger 12	
3) Mark Phillips 11	4) Lucas Fernandez 11	
2 Concrete		45.80
1) Andy Aiken 11	2) Hayden Holbrook 10	
3) Kevin August 12	4) DJ Mitchell 12	

3 Tacoma Baptist		46.02
1) Jonathan Halstensen 9	2) Austin Lutterloh 9	
3) Jacob Zimmer 10	4) Keaton Cruver 11	
4 La Conner		46.16
1) Wylie Thulen 9	2) Conner Anderson 12	
3) Todd Hoagland 11	4) Sten Mejlaender 12	
5 Mt Vernon Christian		48.39
1) Caleb Riley 10	2) Simon LeClair 12	
3) Michael deHaan 11	4) Daniel Houtsma 11	
6 Cedar Park C		49.09
1) Josh Hanson 12	2) Wilson Reidt 9	
3) Sean Muir 10	4) Ryder Reymore 10	
7 Seattle Lutheran		52.10
1) Tyler Andrews 10	2) Daniel Fletcher 9	
3) Ian Hampton 9	4) Alex Pitkethly 9	

Boys 4x400 Meter Relay 2B

Team	Relay	Finals
Section 1		
1 Tacoma Baptist		3:35.47
1) Austin Lutterloh 9	2) Daniel Swann 11	
3) Ryan Lutterloh 11	4) Keaton Cruver 11	
2 La Conner		3:35.48
1) Nathan Sybrandy 11	2) Conner Anderson 12	
3) Sten Mejlaender 12	4) Todd Hoagland 11	
3 Concrete		3:38.44
1) DJ Mitchell 12	2) Dennis Dorgan 11	
3) Ben Lamb 10	4) Jose Torres 12	
4 Evergreen Lutheran		3:41.59
1) Nick Jankens 11	2) Joel Feller 12	
3) Rolan Wedde 12	4) Jayson Kjenstad 11	
5 Mt Vernon Christian		3:47.10
1) Caleb Riley 10	2) Simon LeClair 12	
3) Michael deHaan 11	4) Daniel Houtsma 11	
6 Bear Creek		3:52.16
1) Mark Phillips 11	2) Josh Firminger 12	
3) Chris Mehta 11	4) Jesse Leuenberger 9	
7 Shoreline Christian		3:53.12
1) Caleb Bonner 9	2) Castle Bonner 11	
3) Daniel Hall 10	4) Joshua Ruitter 11	
8 Seattle Lutheran		4:21.24
1) Tyler Andrews 10	2) Ian Hampton 9	
3) Alex Pitkethly 9	4) Wesley Sonheim 10	

Boys High Jump 2B

Name	Yr	School	Finals
Flight 1			
1 Kevin August	12	Concrete	6-00.00
2 Jamall James	10	La Conner	5-10.00
3 Landy James	11	La Conner	J5-10.00
4 Rolan Wedde	12	Evergreen Lu	5-08.00
5 Hayden Holbrook	10	Concrete	5-06.00
6 Riley Snyder	12	Tacoma Bapti	5-04.00
7 Jayson Kjenstad	11	Evergreen Lu	5-02.00

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Boys Pole Vault 2B

Name	Yr	School	Finals
Flight 1			
1 Jesse Ketcham	10	Mt Vernon Ch	10-03.00
2 Stan Leszynski	9	Bear Creek	10-00.00
2 Kelvin Mason	12	Crosspoint A	10-00.00
4 Sam Ethington	10	Bear Creek	9-00.00
--- Brian Stefanoff	11	Seattle Luth	NH

Boys Long Jump 2B

Name	Yr	School	Finals
Flight 1			
1 Jamall James	10	La Conner	20-02.50
2 Jake Nigon	12	Seattle Luth	20-00.50
3 Kevin August	12	Concrete	19-02.00
4 Andy Aiken	11	Concrete	18-06.00
5 Alex Aiken	12	Concrete	18-05.00
6 Jeriah Carroll	12	Tacoma Bapti	17-07.75
7 Lucas Fernandez	11	Bear Creek	16-08.75
--- Riley Snyder	12	Tacoma Bapti	ND

Boys Triple Jump 2B

Name	Yr	School	Finals
Flight 1			
1 Riley Snyder	12	Tacoma Bapti	43-10.50
2 Kevin August	12	Concrete	43-01.50
3 Jamall James	10	La Conner	43-01.00
4 Jake Nigon	12	Seattle Luth	42-03.25
5 Rolan Wedde	12	Evergreen Lu	40-04.75
6 Hayden Holbrook	10	Concrete	37-05.00
7 Ben Cooksley	9	Tacoma Bapti	36-00.00
8 Justin Soule	12	Concrete	35-01.50

Boys Shot Put 2B

Name	Yr	School	Finals
Flight 1			
1 Jake Nigon	12	Seattle Luth	46-00.25
2 Ben Troka	11	Concrete	43-05.00
3 Brandon Drye	12	La Conner	41-06.00
4 Tyler Daniels	12	Evergreen Lu	41-05.25
5 Zach Nigon	10	Seattle Luth	41-04.00
6 Nathan Parker	11	La Conner	40-10.75
7 Justin Holland	11	Crosspoint A	38-09.50
8 Victor Bayouk	12	Cedar Park C	37-11.00

Boys Discus Throw 2B

Name	Yr	School	Finals
Flight 1			
1 Walker Williams	11	Tacoma Bapti	153-00
2 Jack Krienen	12	Mt Vernon Ch	132-00
3 Brandon Drye	12	La Conner	131-10
4 Thor Winters	12	Seattle Luth	119-04
5 Zach Nigon	10	Seattle Luth	108-04
6 Kyle Talen	11	Tacoma Bapti	105-04
7 Colton Maloney	12	Concrete	97-00

8 Victor Bayouk 12 Cedar Park C 95-02

Boys Javelin Throw 2B

Name	Yr	School	Finals
Flight 1			
1 Landy James	11	La Conner	152-09
2 Sam Spiro	12	Tacoma Bapti	151-06
3 Colton Maloney	12	Concrete	148-10
4 Rolan Wedde	12	Evergreen Lu	146-05
5 Kevin Moseley	11	Seattle Luth	143-02
6 Justin Holland	11	Crosspoint A	142-10
7 Jack Krienen	12	Mt Vernon Ch	142-06
8 Sidney Lease	9	La Conner	111-06

Boys 100 Meter Dash 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Tatum Taylor	10	O'Dea	10.68Q
2 Devantae Carson	12	Rainier Beac	10.83Q
3 Parker Mays	11	Seattle Prep	10.98Q
4 Michael Wells-Daniels	12	Franklin	11.12q
5 Charles Moss	12	Franklin	11.30
6 Taylor Ragan	12	Sammamish	11.46

Heat 2 Preliminaries

1 Travis Marshall	11	Juanita	10.97Q
2 Jayshawn Jordan	11	O'Dea	10.98Q
3 Brendan Hailey	12	Franklin	11.10Q
4 Tyrell Moulton	11	Bellevue	J11.19q
6 Kaleb Huerta	12	Mt Si	11.22
9 Dominique Smith	10	Franklin	J11.19

Boys 100 Meter Dash 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Tatum Taylor	10	O'Dea	10.77
2 Devantae Carson	12	Rainier Beac	10.99
3 Travis Marshall	11	Juanita	11.13
4 Jayshawn Jordan	11	O'Dea	11.17
5 Michael Wells-Daniels	12	Franklin	11.19
6 Tyrell Moulton	11	Bellevue	11.23
7 Brendan Hailey	12	Franklin	11.34
8 Parker Mays	11	Seattle Prep	11.87

Boys 200 Meter Dash 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Devantae Carson	12	Rainier Beac	22.13Q
2 Joshua Gordon	11	Liberty-Issa	22.32Q
3 Brendan Hailey	12	Franklin	22.88Q
4 Ari Morales	10	Bellevue	22.91q
5 Jayshawn Jordan	11	O'Dea	23.35
6 Chevelle Walker	11	Eastside Cat	23.84
Heat 2 Preliminaries			
1 Tatum Taylor	10	O'Dea	21.82Q
2 Parker Mays	11	Seattle Prep	22.58Q

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Heat 2 Preliminaries ... (Boys 200 Meter Dash 3A)

Name	Yr	School	Prelims
3 Michael Wells-Daniels	12	Franklin	22.81Q
4 Shane Blankenburg	12	Mt Si	22.85q
5 Travis Marshall	11	Juanita	23.04
6 Neville Mensur	11	Ingraham	24.04

Boys 200 Meter Dash 3A

Name	Yr	School	Finals
------	----	--------	--------

Section 1 Finals

1 Devantae Carson	12	Rainier Beac	22.37
2 Joshua Gordon	11	Liberty-Issa	22.52
3 Michael Wells-Daniels	12	Franklin	22.58
4 Tatum Taylor	10	O'Dea	22.69
5 Brendan Hailey	12	Franklin	22.77
6 Ari Morales	10	Bellevue	22.96
7 Shane Blankenburg	12	Mt Si	23.13
8 Parker Mays	11	Seattle Prep	25.61

Boys 400 Meter Dash 3A

Name	Yr	School	Prelims
------	----	--------	---------

Heat 1 Preliminaries

1 Michael Wells-Daniels	12	Franklin	52.11Q
2 Mason Bragg	11	Mt Si	52.79Q
3 Woody Butler	11	Bellevue	53.18Q
4 Roger Garret	12	Franklin	53.49q
5 Justus Ross	9	O'Dea	55.58
6 Charles Gaines	11	Cleveland	55.72

Heat 2 Preliminaries

1 Devin Bennett	12	Liberty-Issa	52.53Q
2 Brendan Hailey	12	Franklin	52.72Q
3 Michael Przystupa	12	Juanita	52.99Q
4 Kent McKinney	11	O'Dea	54.32q
5 Chad Miller	11	West Seattle	54.73
6 Jacob Hostetler	9	Ingraham	55.78

Boys 400 Meter Dash 3A

Name	Yr	School	Finals
------	----	--------	--------

Section 1 Finals

1 Michael Wells-Daniels	12	Franklin	50.81
2 Devin Bennett	12	Liberty-Issa	51.01
3 Woody Butler	11	Bellevue	51.48
4 Mason Bragg	11	Mt Si	51.90
5 Brendan Hailey	12	Franklin	52.31
6 Michael Przystupa	12	Juanita	52.67
7 Roger Garret	12	Franklin	53.39
8 Kent McKinney	11	O'Dea	55.29

Boys 800 Meter Run 3A

Name	Yr	School	Prelims
------	----	--------	---------

Heat 1 Preliminaries

1 Hiron Redmon	10	Liberty-Issa	2:02.97Q
2 Michael Corr	11	Seattle Prep	2:03.12Q
3 Alex Duffy	12	O'Dea	2:03.12Q
4 Eric Schulz	9	Mercer Islan	2:04.65

5 Aedan Roberts	9	Nathan Hale	2:07.23
6 Daniel Hollowell	10	Nathan Hale	2:10.24

Heat 2 Preliminaries

1 Tyler Goolsby	12	Mercer Islan	2:01.42Q
2 Addison Woolsey	11	Bellevue	2:01.58Q
3 Peter Thomas	11	Bishop Blanc	2:01.82Q
4 William Clausen	12	Mercer Islan	2:02.05q
5 Noah Heidenreich	11	Nathan Hale	2:03.17q
6 Jonathan Bannick	11	Eastside Cat	2:04.88

Boys 800 Meter Run 3A

Name	Yr	School	Finals
------	----	--------	--------

Section 1 Finals

1 Addison Woolsey	11	Bellevue	1:57.48
2 Hiron Redmon	10	Liberty-Issa	1:57.53
3 Alex Duffy	12	O'Dea	1:57.92
4 Tyler Goolsby	12	Mercer Islan	1:59.06
5 Michael Corr	11	Seattle Prep	1:59.09
6 William Clausen	12	Mercer Islan	2:02.22
7 Peter Thomas	11	Bishop Blanc	2:02.69
8 Noah Heidenreich	11	Nathan Hale	2:04.31

Boys 1600 Meter Run 3A

Name	Yr	School	Finals
------	----	--------	--------

Section 1

1 Steven Robinson	12	Bishop Blanc	4:24.00
2 Aaron Elefson	12	Mercer Islan	4:25.60
3 Addison Woolsey	11	Bellevue	4:25.93
4 Keenan Piper	10	Seattle Prep	4:26.03
5 Joe Hardy	9	Seattle Prep	4:26.36
6 Max Singler	12	Bishop Blanc	4:26.40
7 Sean McDonald	12	Seattle Prep	4:26.47
8 Brian Masterson	11	Lakeside	4:33.13
9 Alex Duffy	12	O'Dea	4:35.05
10 Tyler Westenbroek	11	Liberty-Issa	4:36.60
11 Nicholas Lichtenstadter	12	Nathan Hale	4:40.15
12 Will Sheeran	11	Bellevue	4:42.86

Boys 3200 Meter Run 3A

Name	Yr	School	Finals
------	----	--------	--------

Section 1

1 Keenan Piper	10	Seattle Prep	9:24.96
2 Aaron Elefson	12	Mercer Islan	9:26.15
3 Max Singler	12	Bishop Blanc	9:26.96
4 Sean McDonald	12	Seattle Prep	9:27.76
5 Nicholas Ford	12	Mercer Islan	9:28.82
6 Joe Hardy	9	Seattle Prep	9:34.30
7 Brian Masterson	11	Lakeside	9:36.84
8 John Fowler	11	Bellevue	9:39.33
9 Andrew Foerder	9	Nathan Hale	9:46.77
10 Connor Howard	10	Seattle Prep	9:50.00
11 Natan Lee-Engel	10	Nathan Hale	10:03.83
12 Spike Sievert	10	Bellevue	10:11.96

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Boys 110 Meter Hurdles 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Bruce Shields	12	Rainier Beac	15.65Q
2 Alex Wallin	11	Juanita	15.69Q
3 Nate Chase	12	Mt Si	16.16Q
4 Vincent Ly	10	Juanita	16.27q
5 John Delany	12	Seattle Prep	16.70
6 Max Bubar	11	Seattle Prep	17.10

Heat 2 Preliminaries

1 Adrian Dela Cruz	9	Franklin	15.18Q
2 Jaz Smith	10	Franklin	15.73Q
3 Russell Williams	12	Juanita	16.02Q
4 Chase Walker	12	O'Dea	16.66q
5 Jack Flor	9	O'Dea	19.14

Boys 110 Meter Hurdles 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Adrian Dela Cruz	9	Franklin	15.14
2 Jaz Smith	10	Franklin	15.19
3 Alex Wallin	11	Juanita	15.66
4 Vincent Ly	10	Juanita	16.02
5 Bruce Shields	12	Rainier Beac	16.02
6 Russell Williams	12	Juanita	16.25
7 Chase Walker	12	O'Dea	16.60
8 Nate Chase	12	Mt Si	16.74

Boys 300 Meter Hurdles 3A

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Bruce Shields	12	Rainier Beac	41.28Q
2 Adrian Dela Cruz	9	Franklin	41.87Q
3 Chevelle Walker	11	Eastside Cat	42.76Q
4 Filip Juric	11	Lake Washing	43.75q
5 Max Bubar	11	Seattle Prep	44.73
6 Biz Gebre	12	Bishop Blanc	45.62
Heat 2 Preliminaries			
1 Alex Wallin	11	Juanita	41.23Q
2 John Hammerstrom	12	Mercer Islan	42.03Q
3 Nate Chase	12	Mt Si	42.31Q
4 Jaz Smith	10	Franklin	42.94q
5 John Delany	12	Seattle Prep	45.14
6 David Bruce-Rennick	12	Bishop Blanc	46.89

Boys 300 Meter Hurdles 3A

Name	Yr	School	Finals
Section 1 Finals			
1 Bruce Shields	12	Rainier Beac	39.58
2 Alex Wallin	11	Juanita	40.11
3 Adrian Dela Cruz	9	Franklin	40.77
4 Chevelle Walker	11	Eastside Cat	41.37
5 Nate Chase	12	Mt Si	41.83
6 John Hammerstrom	12	Mercer Islan	41.85

7 Filip Juric	11	Lake Washing	42.59
8 Jaz Smith	10	Franklin	44.21

Boys 4x100 Meter Relay 3A

Team	Relay	Prelims
Heat 1 Preliminaries		
1 Cleveland		43.84Q
1) Michael Jones 12	2) Malik Daniels-Ball 10	
3) Devonte Felder 11	4) Clarence Coler 11	
2 Mt Si		43.96Q
1) Kaleb Huerta 12	2) Mason Bragg 11	
3) Shane Blankenburg 12	4) Tyler Button 10	
3 Juanita		44.01Q
1) Alec Martin 10	2) Vincent Ly 10	
3) Austin Hilliker 12	4) Travis Marshall 11	
4 Bishop Blanchet		45.75q
1) Ben Walker 11	2) Kyle Flanigan 12	
3) Andrew Starkenberg 11	4) Ray Culala 12	
5 Rainier Beach		46.83
1) Marquis Davis 10	2) Devantae Carson 12	
3) Sam Kenney 10	4) Bruce Shields 12	
--- Bainbridge		DNF
1) Joseph Misenti 10	2) Matt Stone 10	
3) Drew Wickens 12	4) Corey Dunn 9	
Heat 2 Preliminaries		
1 Franklin		43.78Q
1) Dominique Smith 10	2) Adrian Dela Cruz 9	
3) Lavonte Jackson 11	4) Charles Moss 12	
2 O'Dea		43.88Q
1) Justus Ross 9	2) Kent McKinney 11	
3) Jayshawn Jordan 11	4) Tatum Taylor 10	
3 Sammamish		44.24Q
1) Taylor Ragan 12	2) Austin Lee 11	
3) Adam Swartz 12	4) Jamis Moy 11	
4 Seattle Prep		46.69q
1) John Delany 12	2) Brett Frank-Looney 11	
3) Parker Mays 11	4) Jacob Walsh 11	
--- Eastside Catholic		DNF
1) Charlie Kittridge 10	2) Jeff Chen 10	
3) Jake Springfield 11	4) Chevelle Walker 11	
--- Bellevue		DNF
1) Reuben Mwehla 10	2) Ari Morales 10	
3) Joey Moore 11	4) Tyrell Moulton 11	

Boys 4x100 Meter Relay 3A

Team	Relay	Finals
Section 1 Finals		
1 O'Dea		43.25
2 Franklin		43.40
3 Mt Si		43.57
4 Cleveland		43.59
5 Juanita		43.75
6 Seattle Prep		46.61
--- Sammamish		DNF
--- Bishop Blanchet		DQ

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Boys 4x400 Meter Relay 3A

Team	Relay	Prelims
Heat 1 Preliminaries		
1 Liberty-Issaquah		3:30.13Q
1) Hamilton Noel 11	2) Joshua Gordon 11	
3) Devin Bennett 12	4) Hiron Redmon 10	
2 Mt Si		3:35.07Q
1) Mason Bragg 11	2) Levi Botten 10	
3) Kaleb Huerta 12	4) Tyler Button 10	
3 Franklin		3:36.40Q
1) Brendan Hailey 12	2) Yonas Nega 11	
3) Roger Garret 12	4) Michael Wells-Daniels 12	
4 Cleveland		3:36.44q
1) Charles Gaines 11	2) Dakota Eckman 12	
3) Devonte Felder 11	4) Domonic Mitchell 11	
5 Bainbridge		3:38.31q
1) Drew Wickens 12	2) John Murphy 12	
3) Sean LaBelle 12	4) Corey Dunn 9	
6 Nathan Hale		3:39.14
1) Aedan Roberts 9	2) Noah Heidenreich 11	
3) Sam Gronhovd 12	4) Nicholas Lichtenstadter 12	
Heat 2 Preliminaries		
1 Seattle Prep		3:32.40Q
1) Michael Corr 11	2) Brett Frank-Looney 11	
3) Joe Hardy 9	4) Sean McDonald 12	
2 Juanita		3:33.34Q
1) Austin Hilliker 12	2) Michael Przystupa 12	
3) James Bauman 11	4) Alex Wallin 11	
3 Bellevue		3:35.11Q
1) Henry Price 10	2) Ari Morales 10	
3) Woody Butler 11	4) Addison Woolsey 11	
4 O'Dea		3:40.79
1) Denzel Hill 12	2) Alex Duffy 12	
3) Kent McKinney 11	4) Justus Ross 9	
5 Bishop Blanchet		3:42.09
1) Peter Thomas 11	2) Steven Robinson 12	
3) Peter Haskins 12	4) Ben Walker 11	
6 Lakeside		3:49.15
1) Brian Masterson 11	2) David Inglis 10	
3) Peter Howe 12	4) Matt Poplawski 10	

Boys 4x400 Meter Relay 3A

Team	Relay	Finals
Section 1 Finals		
1 Liberty-Issaquah		3:22.53
2 Franklin		3:26.15
3 Bellevue		3:28.28
4 Mt Si		3:28.95
5 Seattle Prep		3:29.28
6 Juanita		3:29.73
7 Bainbridge		3:36.11
--- Cleveland		DQ

Boys High Jump 3A

Name	Yr	School	Finals
Flight 1			
1 Chase Walker	12	O'Dea	6-04.00
2 Clarence Coler	11	Cleveland	6-02.00
3 Amari Blanton	12	Franklin	J6-02.00
4 Mark Smith	12	Bainbridge	J6-02.00
5 Joshua Gordon	11	Liberty-Issa	6-00.00
6 Yonas Nega	11	Franklin	5-10.00
7 Stephen Ryder	12	Bellevue	5-08.00
8 Brad Wilmot	12	Bainbridge	5-06.00
8 Daniel Koala	11	Nathan Hale	5-06.00
10 Drew Wickens	12	Bainbridge	J5-06.00
11 Jon Proctor	9	Mt Si	J5-06.00
12 Christian Robertson	11	Juanita	5-04.00

Boys Pole Vault 3A

Name	Yr	School	Finals
Flight 1			
1 Lev Marcus	10	Nathan Hale	14-01.00
2 Hamilton Noel	11	Liberty-Issa	12-06.00
3 Chase Kenney	11	Liberty-Issa	12-00.00
4 Blake Erickson	10	Bellevue	J12-00.00
5 Jimbo Davis	10	Mt Si	J12-00.00
6 Matt Morris	12	Liberty-Issa	11-06.00
7 John White	12	Bishop Blanc	11-00.00
7 Joseph Misenti	10	Bainbridge	11-00.00
9 Kyle Flanigan	12	Bishop Blanc	10-06.00
--- Andrew Tagle	12	Bishop Blanc	NH
--- Michael Hodges	10	Nathan Hale	NH
--- Eliot Barash	10	Nathan Hale	NH

Boys Long Jump 3A

Name	Yr	School	Finals
Flight 1			
1 Joshua Gordon	11	Liberty-Issa	22-07.50
2 Reid Jackson	12	Mercer Islan	20-11.00
3 Devin Bennett	12	Liberty-Issa	20-06.75
4 Ray Culala	12	Bishop Blanc	20-03.50
5 Michael Jones	12	Cleveland	20-01.75
6 Terry Jeffries	11	Chief Sealth	20-00.50
7 Chevelle Walker	11	Eastside Cat	19-10.00
8 Jaz Smith	10	Franklin	18-11.50
9 Adam Swartz	12	Sammamish	18-07.50
10 Joseph Hopkins	11	O'Dea	18-03.50
11 Johnty Jackson	11	O'Dea	18-03.00
--- Marquis Davis	10	Rainier Beac	ND

Boys Triple Jump 3A

Name	Yr	School	Finals
Flight 1			
1 Devin Bennett	12	Liberty-Issa	43-06.50
2 Brett Frank-Looney	11	Seattle Prep	42-04.50
3 Alex Wallin	11	Juanita	41-05.75

2011 District 1/2 - 5/18/2011 to 5/20/2011

2B - 3A Track & Field Championships

Southwest Athletic Complex

Results

Flight 1 ... (Boys Triple Jump 3A)

Name	Yr	School	Finals
4 Travis Marshall	11	Juanita	41-03.50
5 Johnnye Jackson	11	O'Dea	41-03.00
6 Joseph Hopkins	11	O'Dea	41-01.75
7 Nikko Emm	11	West Seattle	40-11.25
8 Brad Wilmot	12	Bainbridge	40-01.25
9 Michael Przystupa	12	Juanita	39-00.00
10 Terry Jeffries	11	Chief Sealth	38-06.00
11 Daniel Koala	11	Nathan Hale	37-01.00
--- Tre Smith	12	West Seattle	ND

Boys Shot Put 3A

Name	Yr	School	Finals
------	----	--------	--------

Flight 1

1 Kolton Auxier	11	Mt Si	51-10.00
2 Devante' Meullion	12	Chief Sealth	49-09.50
3 Michael Kneip	11	Bellevue	47-00.50
4 Doc Derwin	12	Mt Si	46-07.00
5 Bryan Carter	10	O'Dea	45-02.75
6 Brian Copeland	11	Mt Si	44-10.00
7 Nick Loesch	12	Bishop Blanc	44-08.75
8 Nicholas Castoriano	11	Nathan Hale	44-00.00
9 Jonathan Kroon	10	Bishop Blanc	43-02.50
10 Connor Lane	12	O'Dea	38-08.75
11 Gill Biesold-McGee	10	Seattle Prep	38-06.50

Boys Discus Throw 3A

Name	Yr	School	Finals
------	----	--------	--------

Flight 1

1 Cameron Brink	11	Bainbridge	145-08
2 Michael Kneip	11	Bellevue	144-06
3 Zach Storm	12	Mt Si	136-10
4 Evan Banchemo	10	O'Dea	135-06
5 Kolton Auxier	11	Mt Si	133-07
6 Edward Moran	12	O'Dea	128-11
7 Taylor Johnson	11	O'Dea	123-04
8 Nick Loesch	12	Bishop Blanc	111-04
9 Doc Derwin	12	Mt Si	111-00
10 Winston Hallam-Eames	9	Nathan Hale	110-10
--- Solomon Yetbarek	11	Bishop Blanc	FOUL
--- Andre Lino	10	Bishop Blanc	FOUL

Boys Javelin Throw 3A

Name	Yr	School	Finals
------	----	--------	--------

Flight 1

1 Tanner Lien	12	Bellevue	191-07
2 Matt Gilbert	11	Bellevue	185-03
3 Zach Storm	12	Mt Si	179-01
4 Bradly Stevens	10	Mt Si	172-07
5 Reid Jackson	12	Mercer Islan	166-06
6 Kyler Mikami	11	Bainbridge	153-09
7 Max Bubar	11	Seattle Prep	151-00
8 Winston Hallam-Eames	9	Nathan Hale	147-07
9 Craig Werre	12	Liberty-Issa	146-04

10 Chris Helmon	11	Seattle Prep	127-02
11 Andrew Starkenberg	11	Bishop Blanc	112-04
12 Michael Winston	12	Ingraham	110-07
13 Bryce Johnson	9	Nathan Hale	106-09
14 Niel Kee	11	Seattle Prep	98-07

Women - 2B - Team Rankings - 18 Events Scored

1) Mt Vernon Christian	131
2) Tacoma Baptist	112
3) Bear Creek	99
4) La Conner	82
5) Evergreen Lutheran	65
6) Concrete	40
7) Cedar Park Christian/MLT	39
8) Crosspoint Academy	33
9) Shoreline Christian	31
10) Seattle Lutheran	14

Women - 3A - Team Rankings - 18 Events Scored

1) Holy Names Academy	108
2) Juanita	85.5
3) Nathan Hale	80
4) Lakeside	68
5) Liberty-Issaquah	61
6) Bishop Blanchet	50
7) Seattle Prep	45
8) Rainier Beach	33
9) Mt Si	30
10) Mercer Island	28
11) Franklin	27.5
12) Bellevue	22
13) Cleveland	16
14) Bainbridge	15
15) West Seattle	12
16) Chief Sealth	10
16) Lake Washington	10

Men - 2B - Team Rankings - 17 Events Scored

1) La Conner	126
2) Tacoma Baptist	121
3) Concrete	114
4) Seattle Lutheran	70
5) Bear Creek	55
6) Crosspoint Academy	51
7) Mt Vernon Christian	49
8) Evergreen Lutheran	35
9) Shoreline Christian	13
10) Cedar Park Christian/MLT	12

Men - 3A - Team Rankings - 17 Events Scored

1) Franklin	83
2) Liberty-Issaquah	81
3) Bellevue	74
4) O'Dea	70
5) Mt Si	66
6) Seattle Prep	52
7) Juanita	49

2011 District 1/2 - 5/18/2011 to 5/20/2011**2B - 3A Track & Field Championships****Southwest Athletic Complex****Results**

8) Mercer Island	43	13) Nathan Hale	13.5
9) Rainier Beach	32	14) Chief Sealth	11
10) Bishop Blanchet	30.5	15) Eastside Catholic	7
11) Bainbridge	23	16) Lakeside	3
12) Cleveland	17	17) West Seattle	2
		17) Lake Washington	2