

2009-2010 Time Standards

Boys Swimming and Diving

<u>Event</u>	<u>2A Dist 3 *</u>	<u>2A State</u>	<u>3A District</u>	<u>3A State</u>	<u>4A District</u>	<u>4A State</u>	<u>AAC</u>	<u>AAA</u>
200 Medley Relay	2:08.00	1:51.99	1 Team	1:45.90	1 Team	1:44.50	1:38.50	1:37.02
200 Freestyle	2:13.00	1:58.99	2:07.50	1:51.50	2:06.50	1:50.50	1:42.97	1:41.46
200 Ind. Medley	2:38.00	2:14.99	2:26.00	2:06.00	2:25.00	2:05.00	1:55.96	1:54.02
50 Freestyle	:25.50	:23.39	:25.90	:22.90	:25.85	:22.85	:21.48	:21.15
Diving	225.00	280/11.6	225.00	300/11.6	225.00	300/11.6		
100 Butterfly	1:07.00	:58.59	1:06.00	:56.00	1:05.50	:55.50	:51.72	:50.80
100 Freestyle	:57.00	:51.99	:58.40	:50.40	:58.20	:50.20	:46.98	:46.35
500 Freestyle	6:25.00	5:28.99	5:39.90	4:59.90	5:42.00	5:02.00	4:39.82	4:35.51
200 Freestyle Relay	1:48.00	1:37.49	1 Team	1:34.20	1 Team	1:32.90	1:28.29	1:26.92
100 Backstroke	1:11.00	1:01.99	1:08.00	:58.00	1:07.50	:57.50	:52.90	:51.92
100 Breastroke	1:17.00	1:09.89	1:14.40	1:04.40	1:13.90	1:03.90	:59.40	:58.40
400 Freestyle Relay	4:06.00	3:45.99	1 Team	3:27.50	1 Team	3:26.50	3:13.93	3:11.32

* times for 2A District 3 are tentative